

School Year 2017-18

Fairfax County

Youth Survey

Mount Vernon
High School
Pyramid

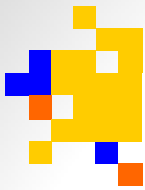


The Fairfax County Youth Survey...

Provides **DATA** to **county, school, and community–based organizations** to:

- Assess Youth **Strengths and Needs**
- Develop **Programs and Services**
- Monitor **Trends**
- **Measure** Community Indicators
- Guide Countywide **Planning** of **Prevention Efforts**





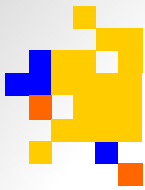
More About the Fairfax County Youth Survey



- **Comprehensive**
- **Anonymous**
- **Voluntary**

It examines the

- **Behaviors,**
- **Experiences,** and
- **Risk and Protective Factors** that influence the well-being of our county's youth.



More About the Fairfax County Youth Survey

- Examples of risky behaviors include:
 - Engagement in the use of alcohol and other substances;
 - Texting or drinking while driving;
 - Engagement in bullying or harassing behavior.
- Protective factors or assets can be found in the family, the school, the community, and within the individual. Examples of assets include having:
 - Parents and family members treat one another with respect;
 - Teachers let parents know when a student has done a good job;
 - A neighbor or community adult available to talk with a student;
 - Students take responsibility for their own actions.

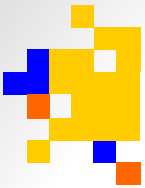


Fairfax County Youth Survey Participation

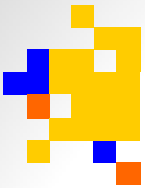
- Includes students in grades 6th, 8th, 10th, and 12th

Youth Survey	# of Students Participating	Percent of Enrolled Students
Fall 2014	46,855	87%
Fall 2015	48,089	88%
Fall 2016	46,977	85%
Fall 2017	48,225	86%

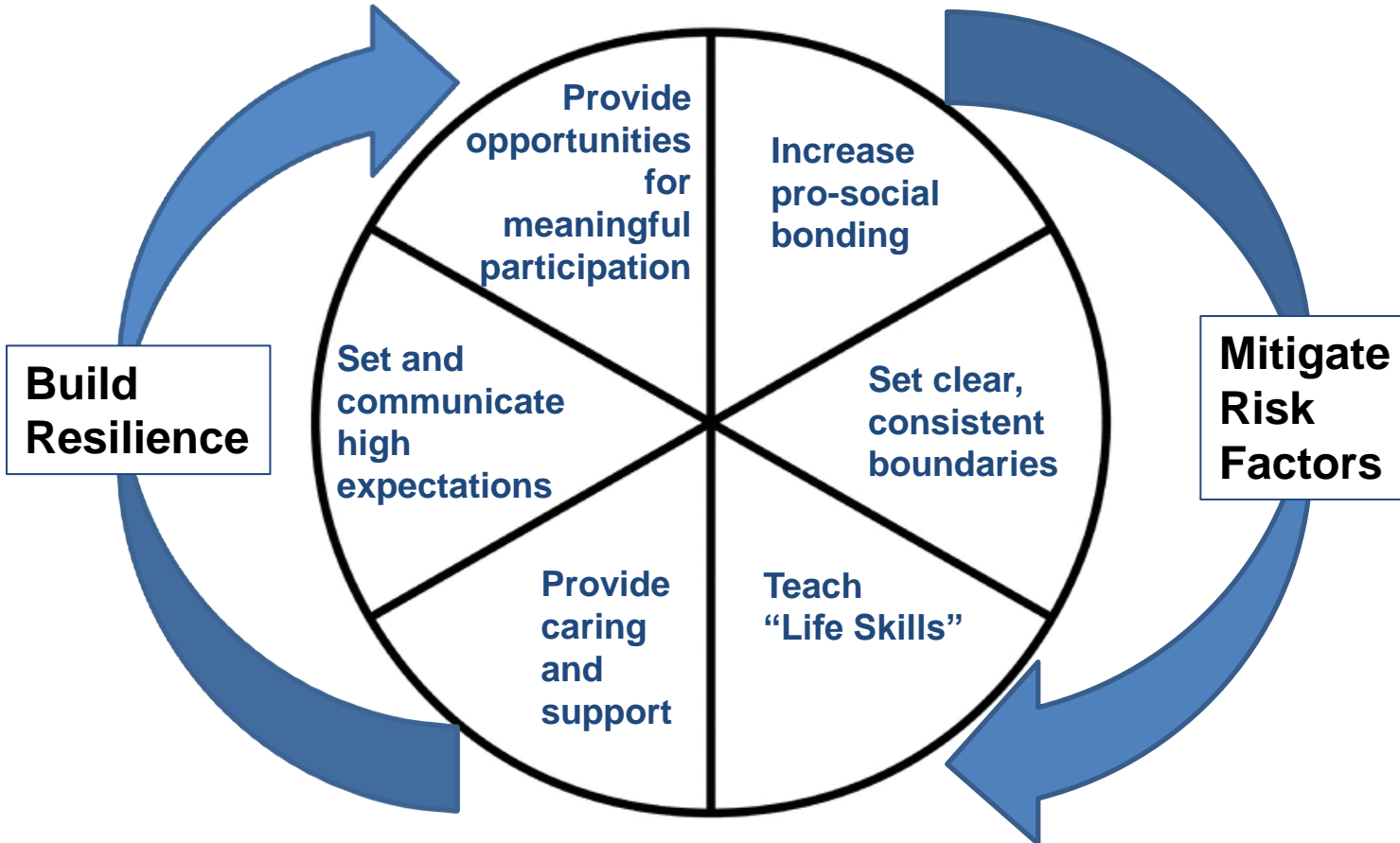
- 6th grade students take a shortened, modified survey



Building Resilience in Youth



The Resilience Wheel





3 THREE to SUCCEED

The Fairfax County Youth Survey shows that children and teens with **three or more** protective factors are more likely to:

Manage stress

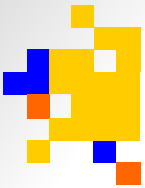
Make better choices

Develop healthy habits

The many factors that help children and teens succeed include:

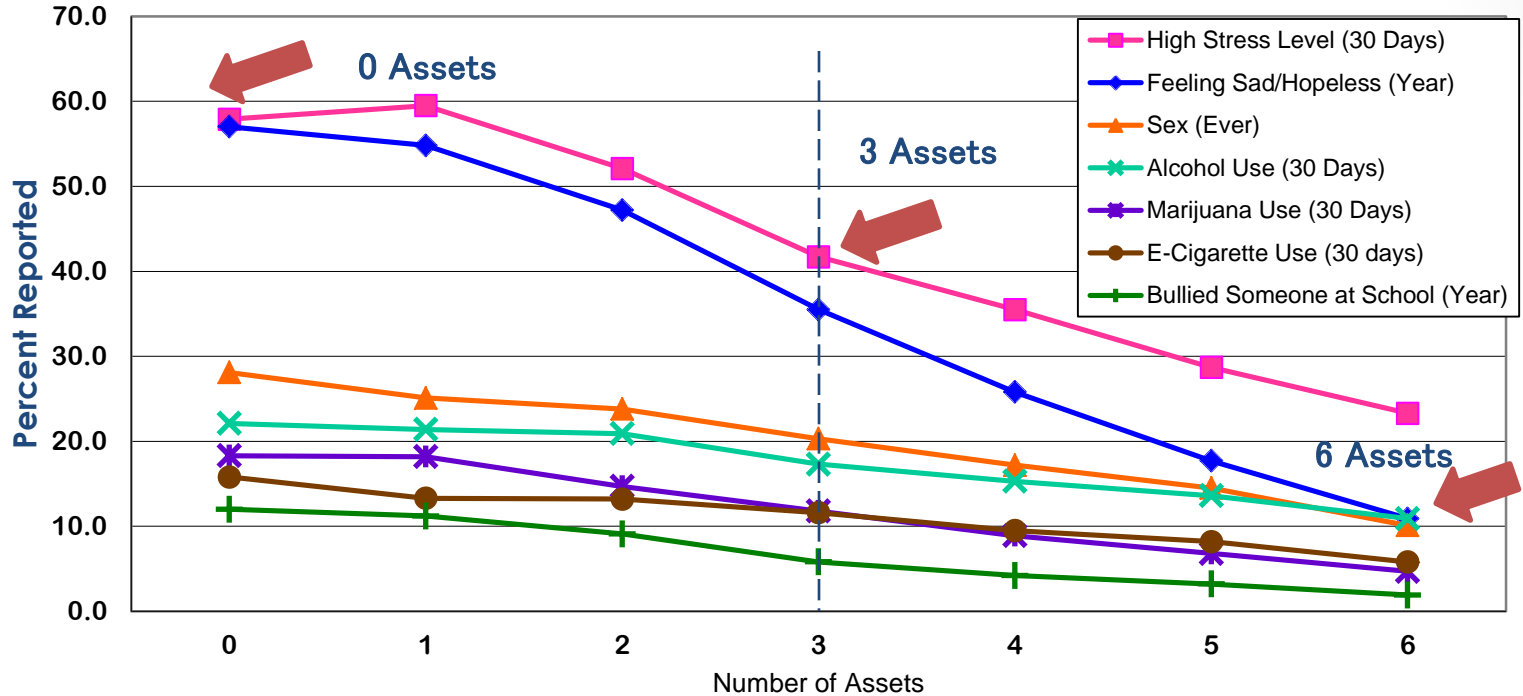
- Having parents or guardians who are available to help**
- Participating in after-school activities**
- Having adults in the community to talk to**
- Accepting responsibility for their actions**
- Having teachers who recognize and praise good effort**

Learn *all* of the factors that matter at fairfaxcounty.gov/youthsurvey.



Three to Succeed

Example Asset Graph for Fairfax County (Grades 8, 10, 12)



Having Parents Available for Help
 Participating in After-School Activities
 Having Community Adults to Talk to

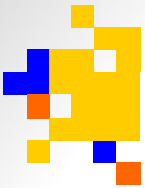
Accepting Responsibility for Actions
 Having Teachers Recognize Good Effort
 Having Family Members Respect Each Other

Three to Succeed: Youth who have three assets are less likely to engage in risky behavior than youth who have none.



Asset Categories:

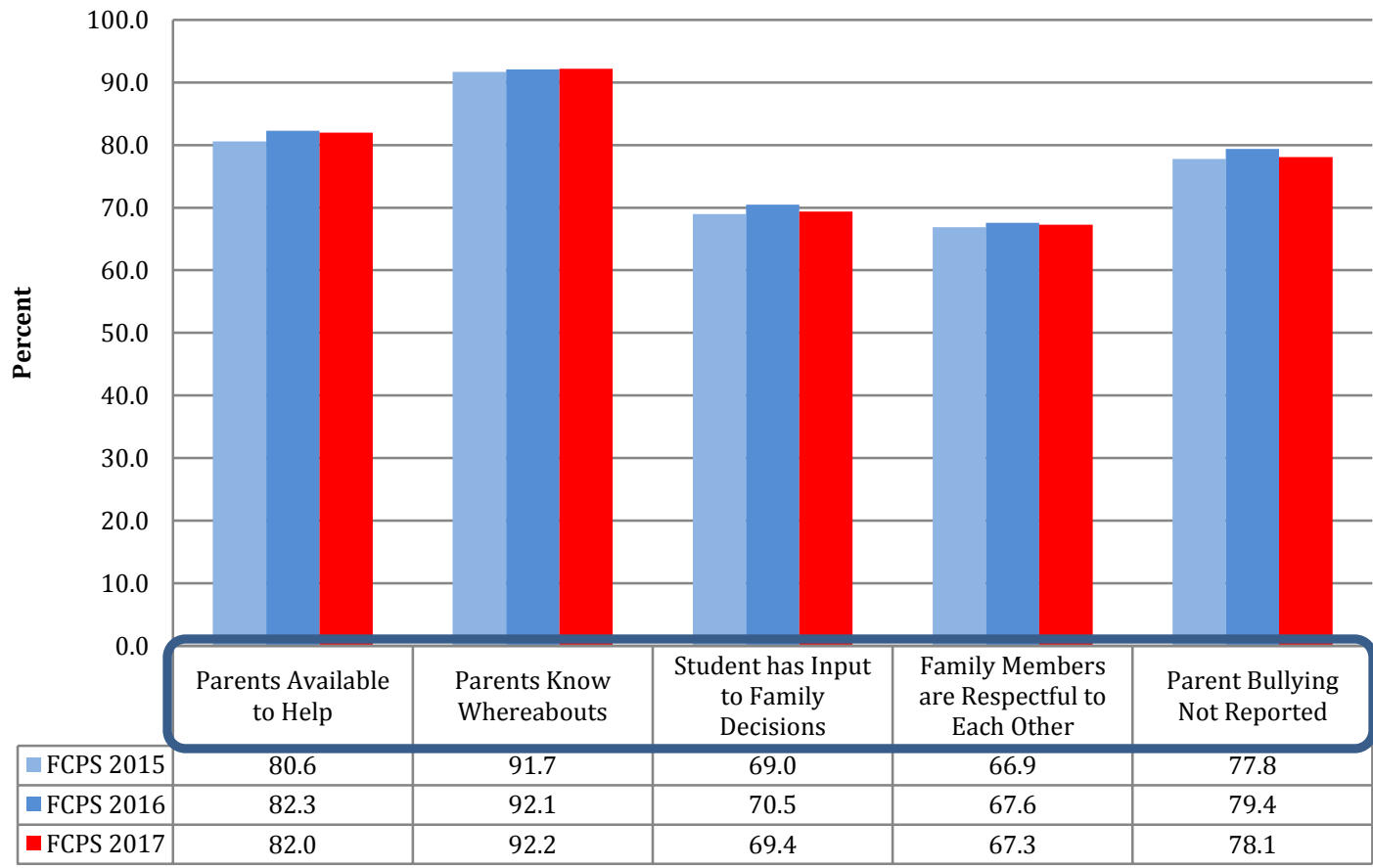
- Family
- School
- Community
- Personal

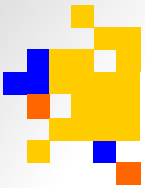


Three to Succeed Family Assets *(District-Level)*

Percent Reporting Assets Provided by Families

FCPS Family Assets 3-Year Trend

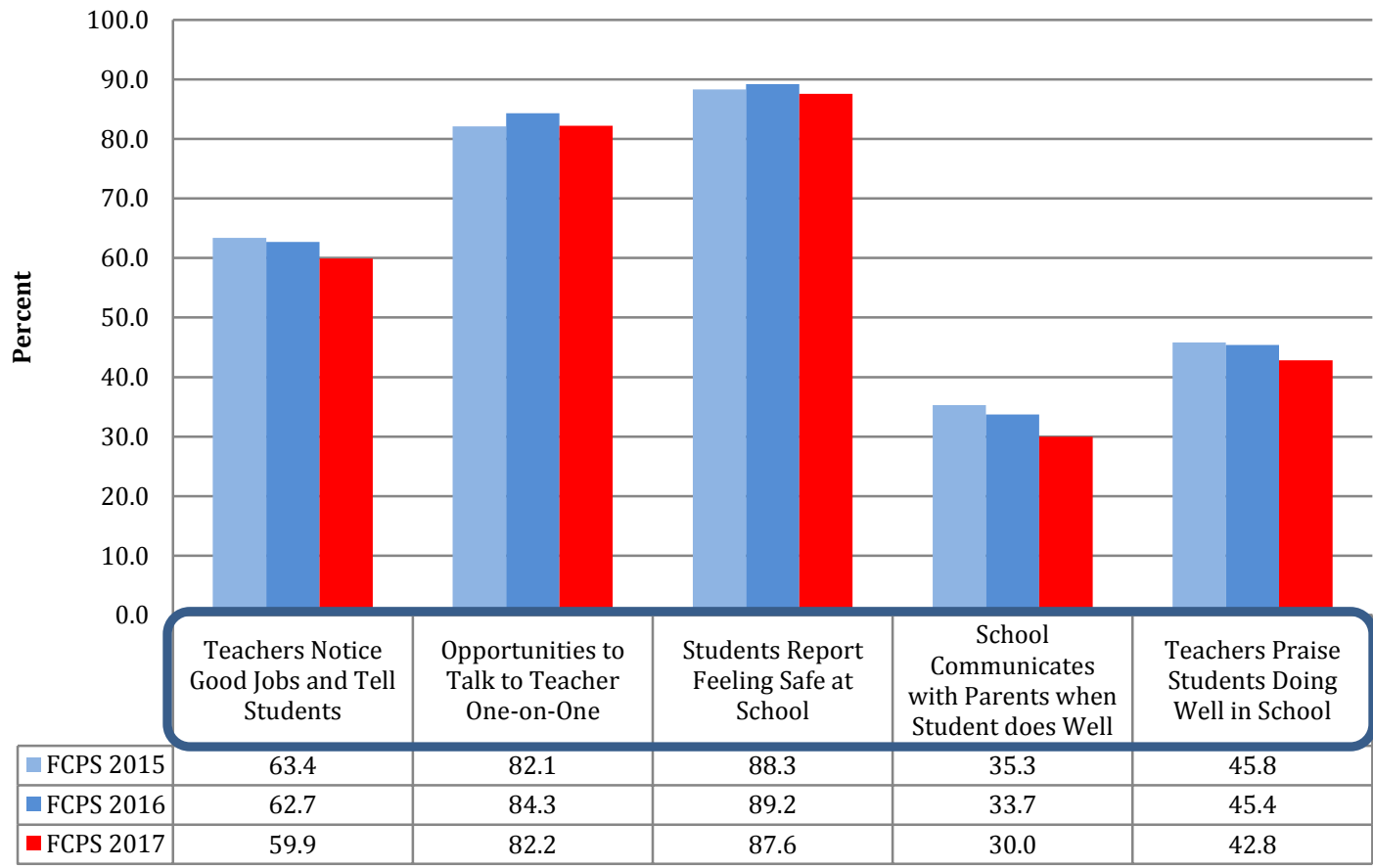


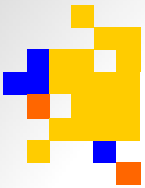


Three to Succeed School Assets *(District-Level)*

Percent Reporting Assets Provided by Schools

FCPS School Assets 3-Year Trend

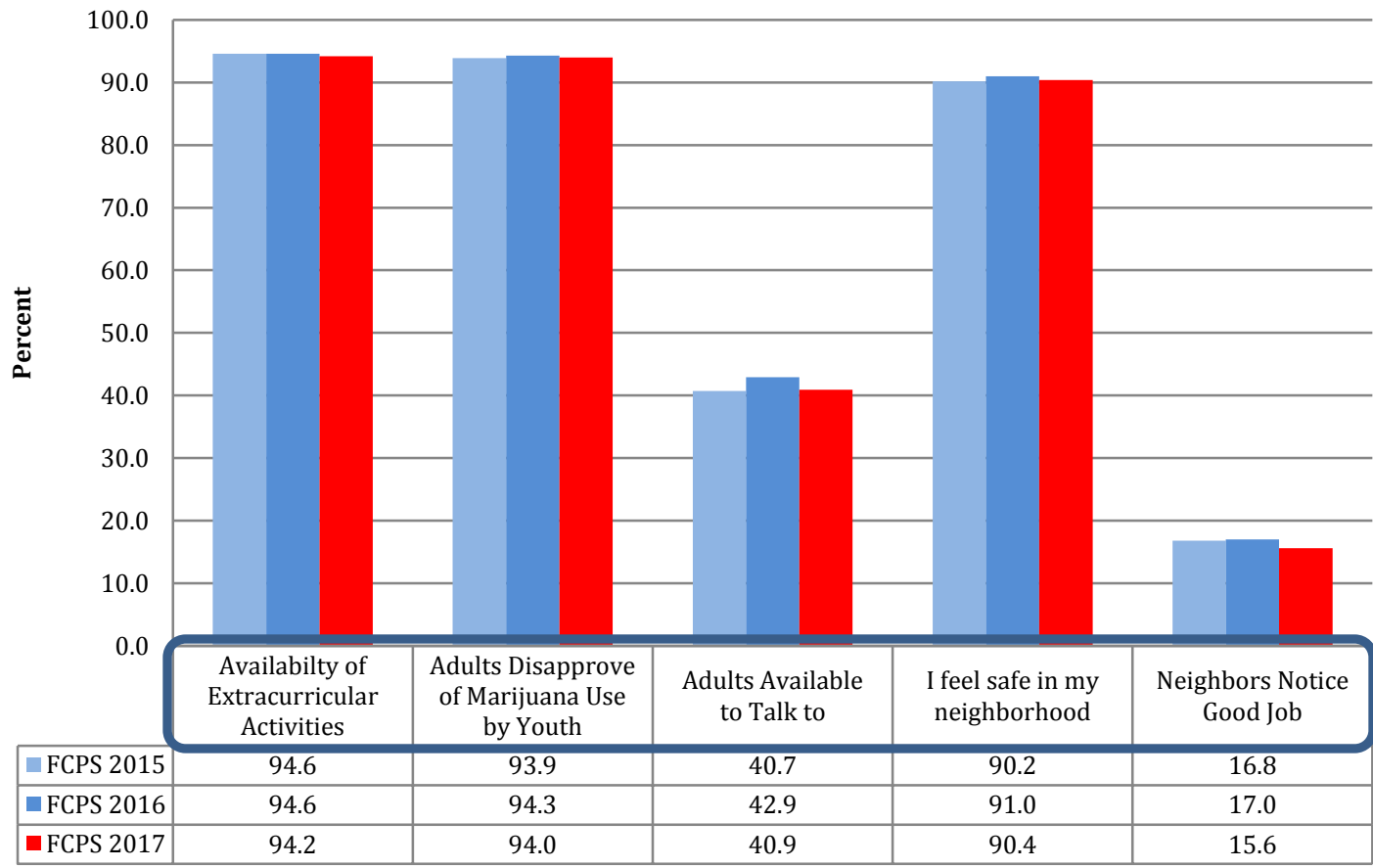


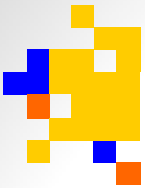


Three to Succeed Community Assets *(District-Level)*

Percent Reporting Assets Provided by Communities

FCPS Community Assets 3-Year Trend

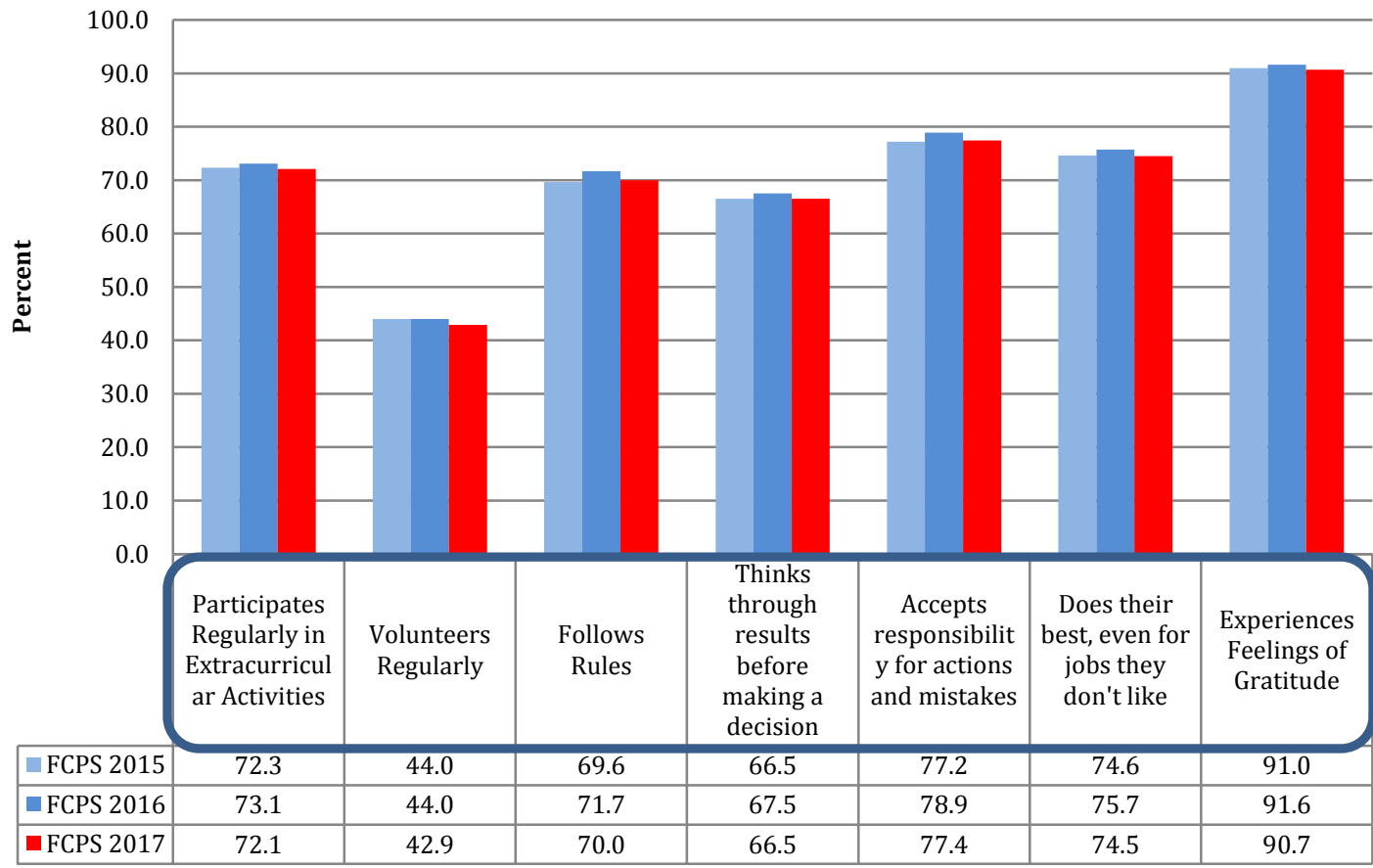


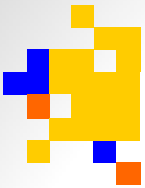


Three to Succeed Personal Assets *(District-Level)*

Percent Reporting Personal Assets

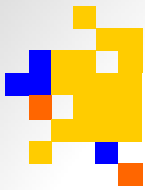
FCPS Personal Assets 3-Year Trend





Alcohol, Tobacco, and Other Drug (ATOD) Use

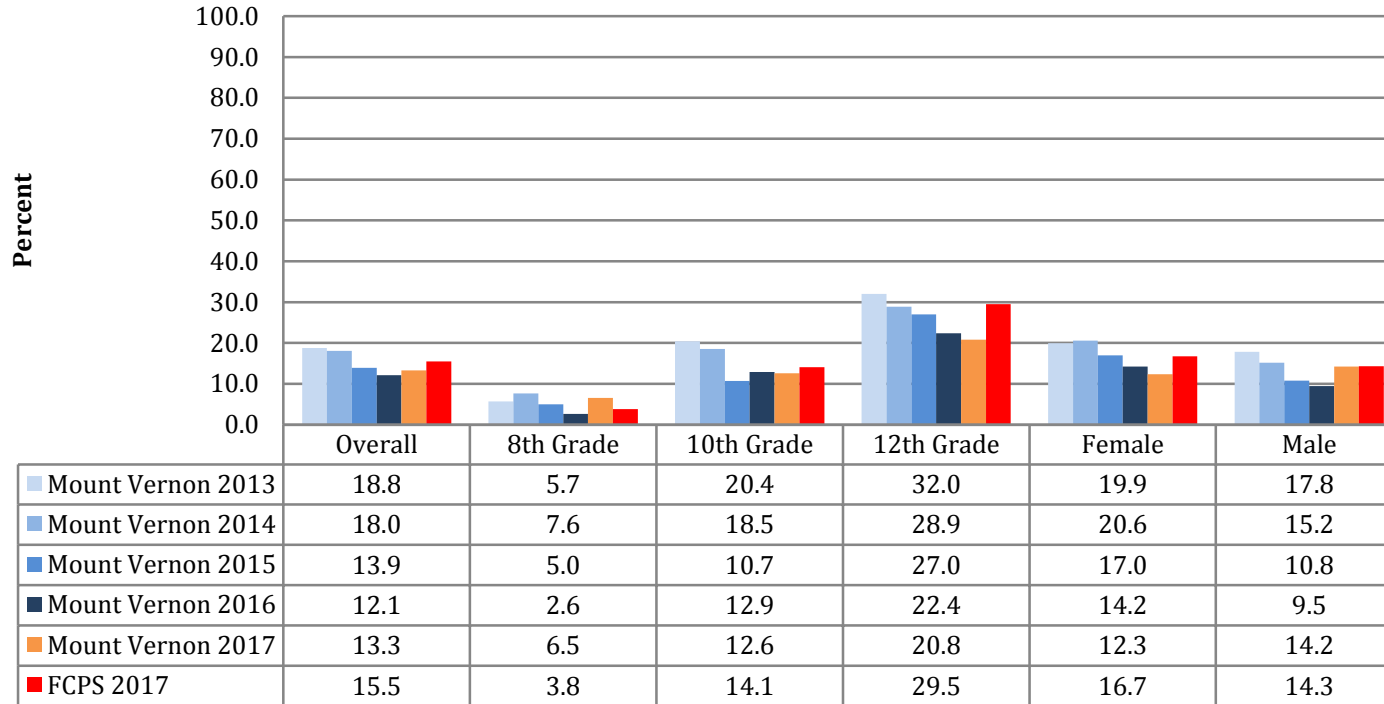
Comparisons for
Grades 8, 10, & 12



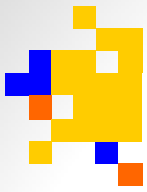
Alcohol

Percent who reported drinking any beer, wine, or hard liquor during the past 30 days

Mount Vernon Pyramid 5-Year Comparison

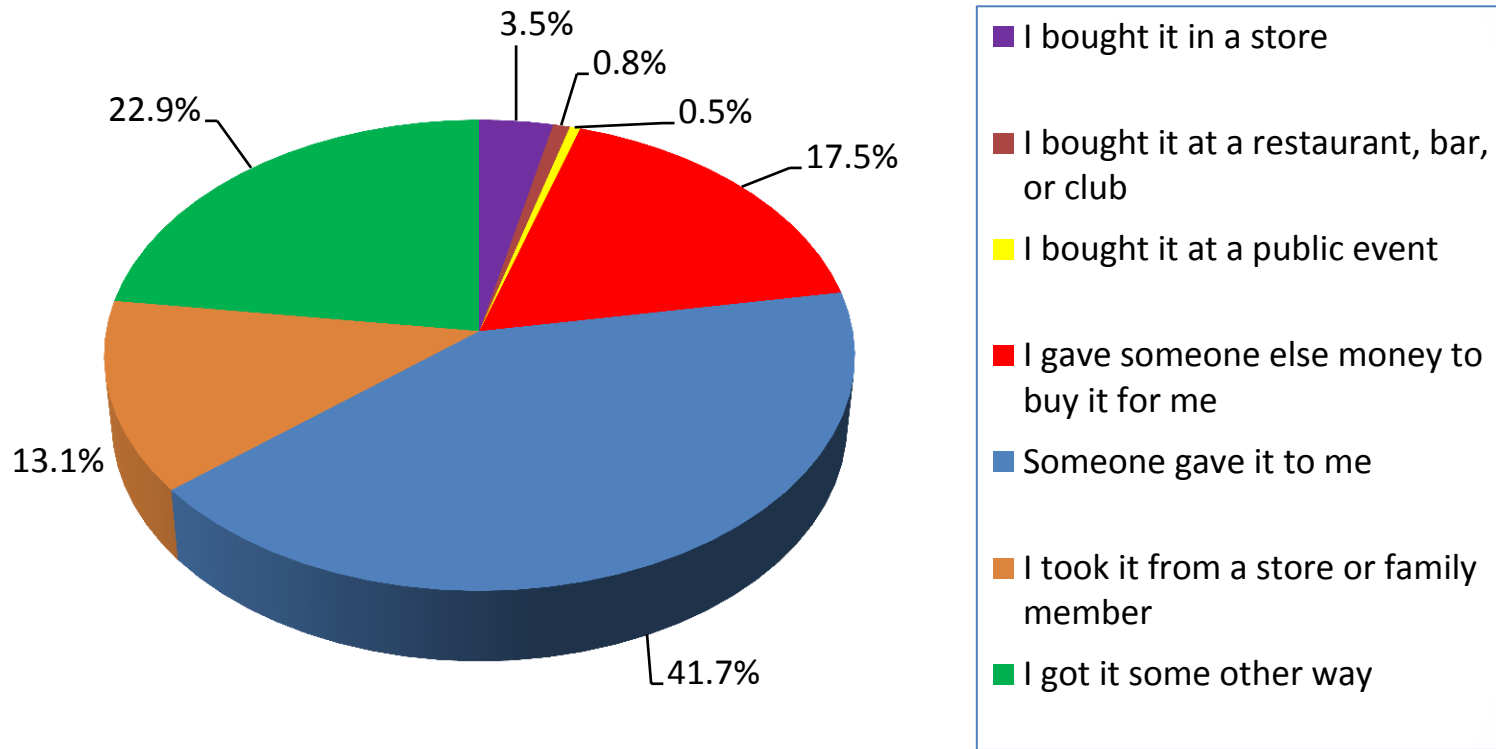


6th Grade, Mount Vernon Pyramid (2017): 1.7%



Access to Alcohol (*District-level*)

Where students reported usually getting alcohol during the last 30 days

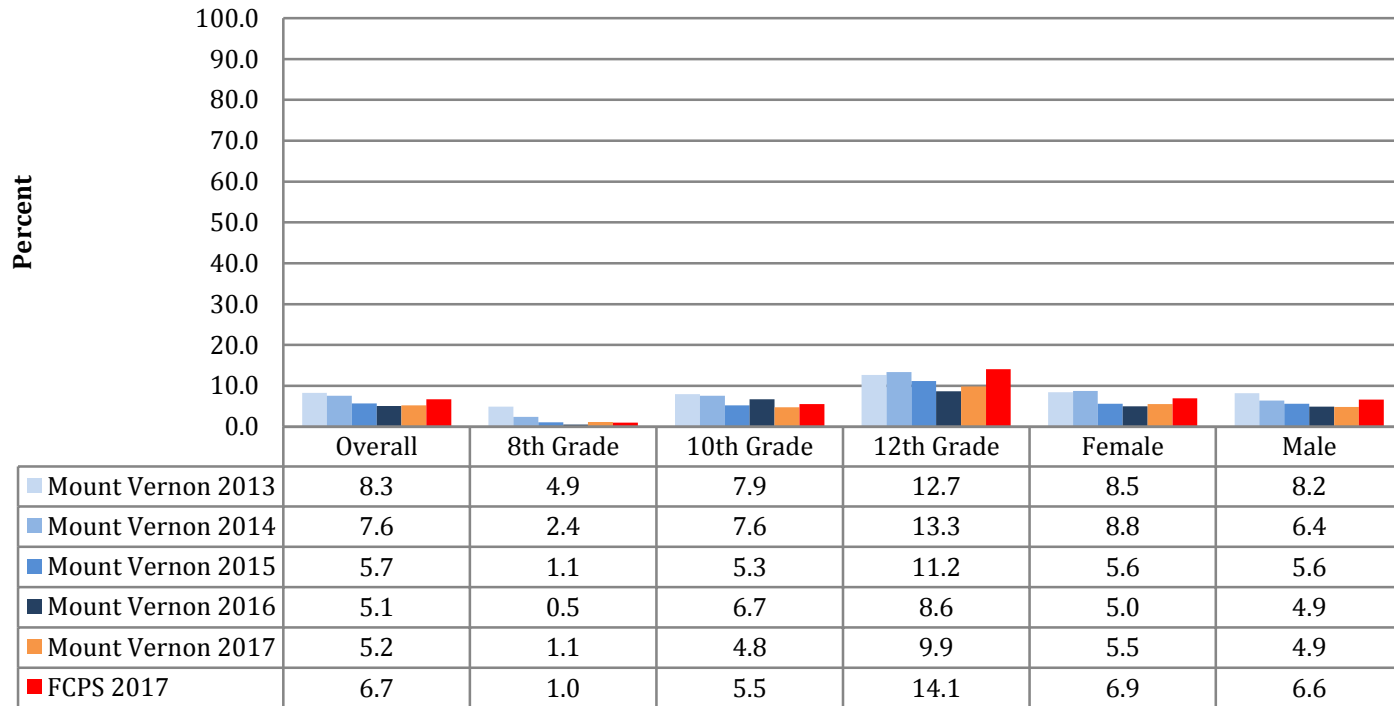


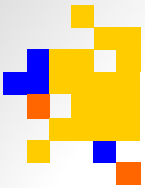


Alcohol (continued) - Binge Drinking

Percent who reported having 5+ alcoholic drinks in a row in the past 2 weeks

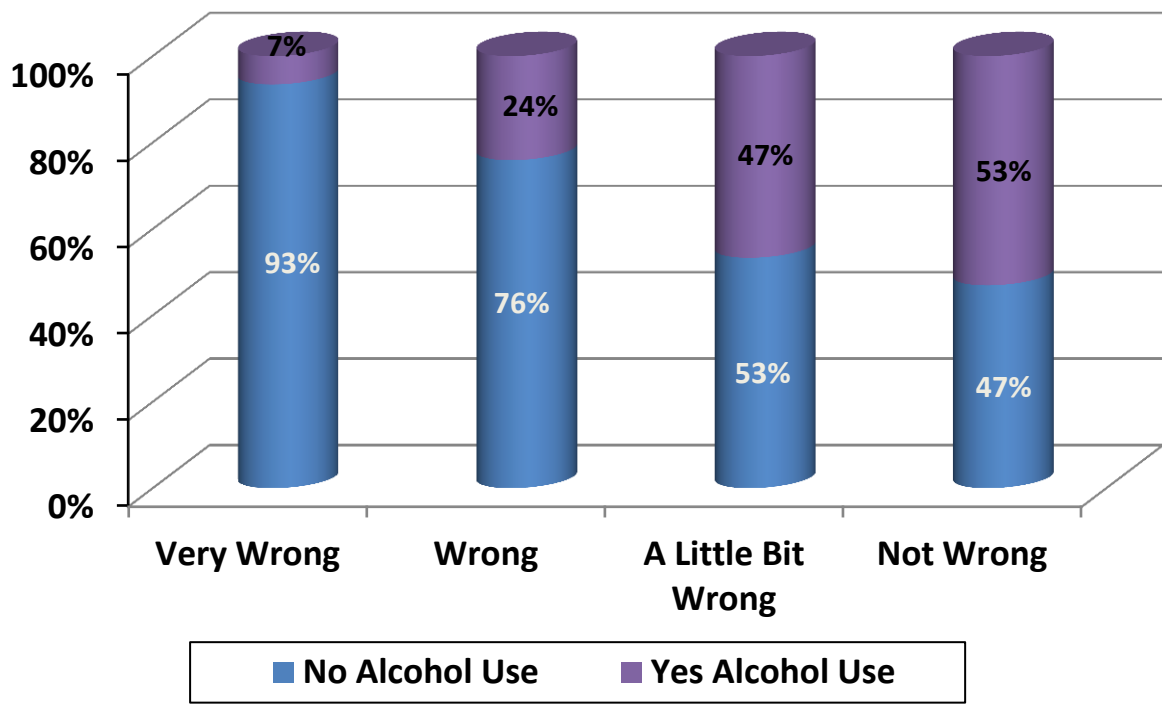
Mount Vernon Pyramid 5-Year Comparison



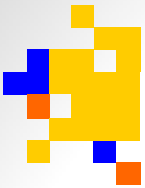


Alcohol (Continued) – Parents Matter

Parental Perception and Alcohol Use Behavior (*District-Level*)



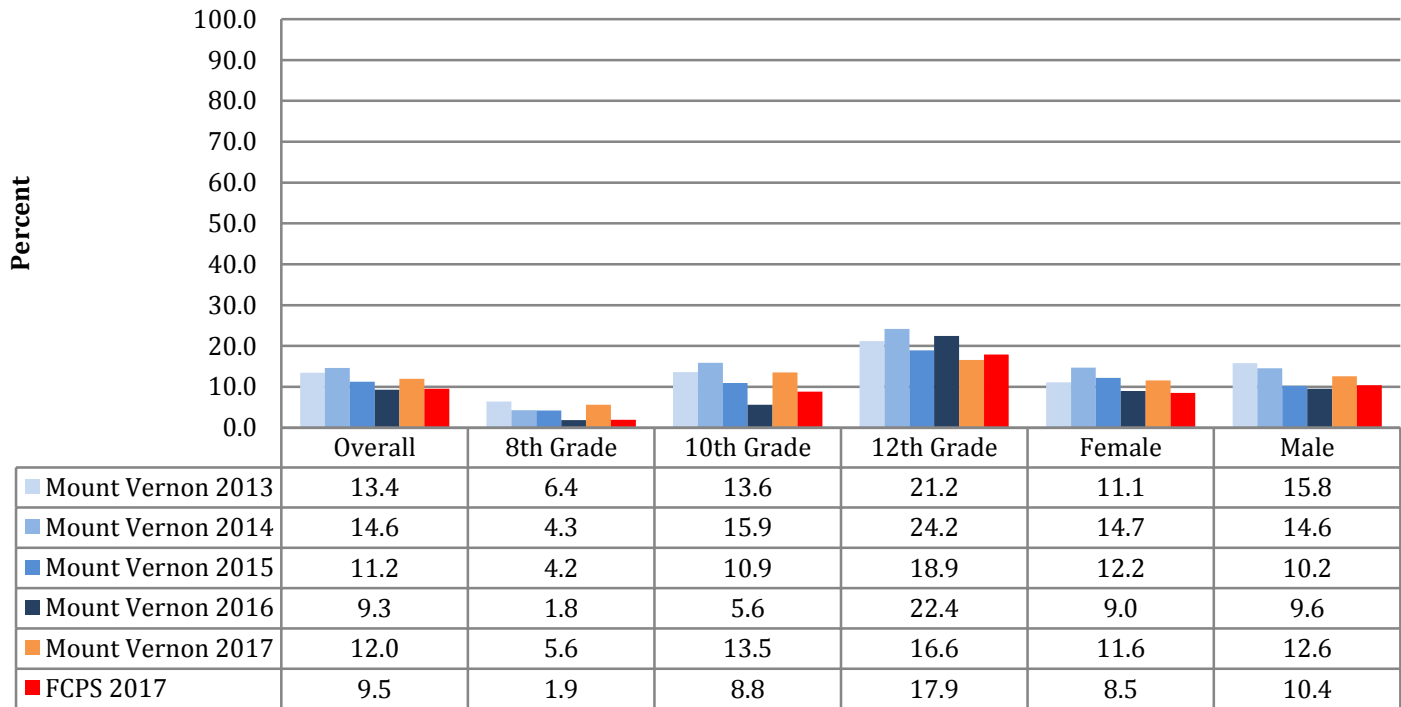
What students believe their parents think about drinking alcohol



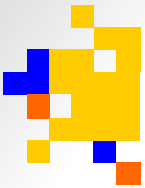
Marijuana

Percent who used marijuana in the past 30 days

Mount Vernon Pyramid 5-Year Comparison

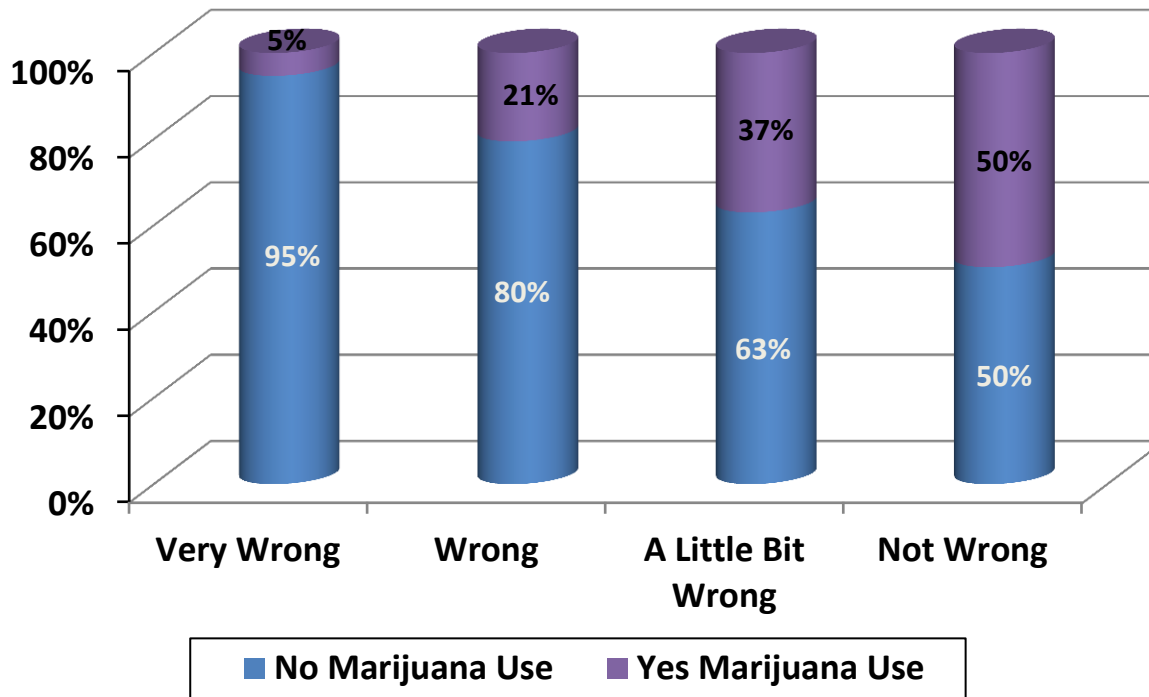


6th Grade, Mount Vernon Pyramid (2017): 0.6%

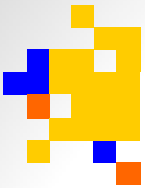


Marijuana (Continued) – Parents Matter

Parental Perception and Marijuana Use Behavior (*District-Level*)



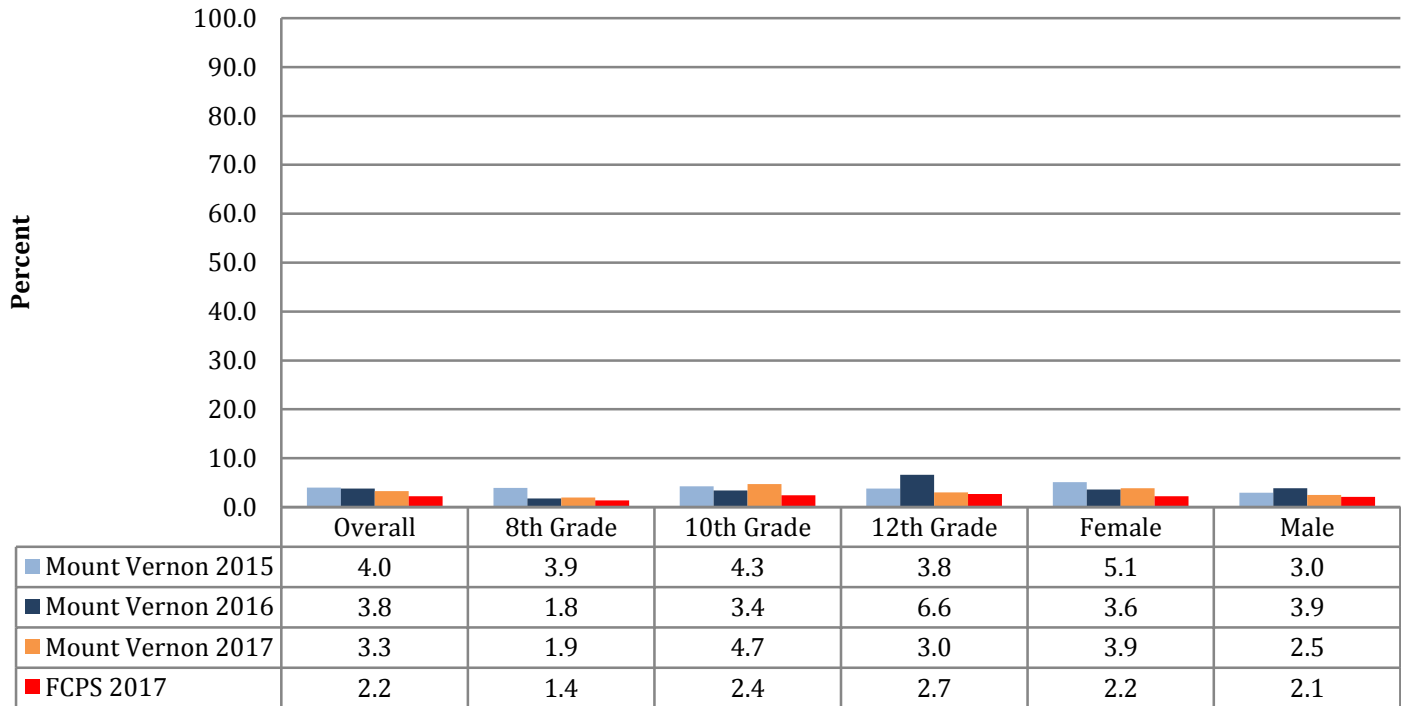
What students believe their parents think about marijuana

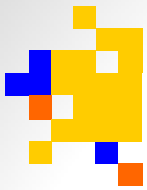


Synthetic Marijuana

Percent who used synthetic marijuana in the past 30 days

Mount Vernon Pyramid 3-Year Comparison

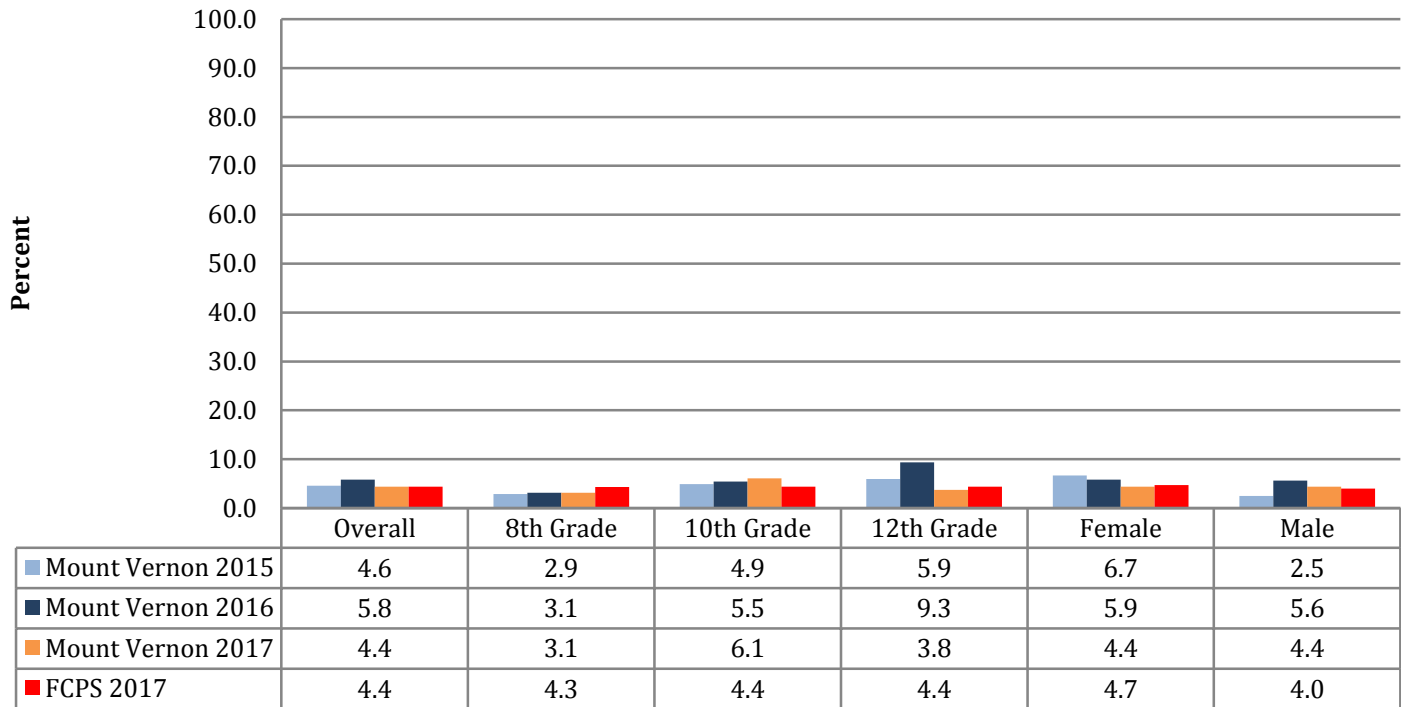




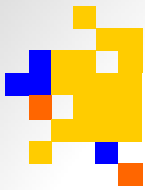
Painkillers

Percent who reported using painkillers without a doctor's order during the past 30 days

Mount Vernon Pyramid 3-Year Comparison



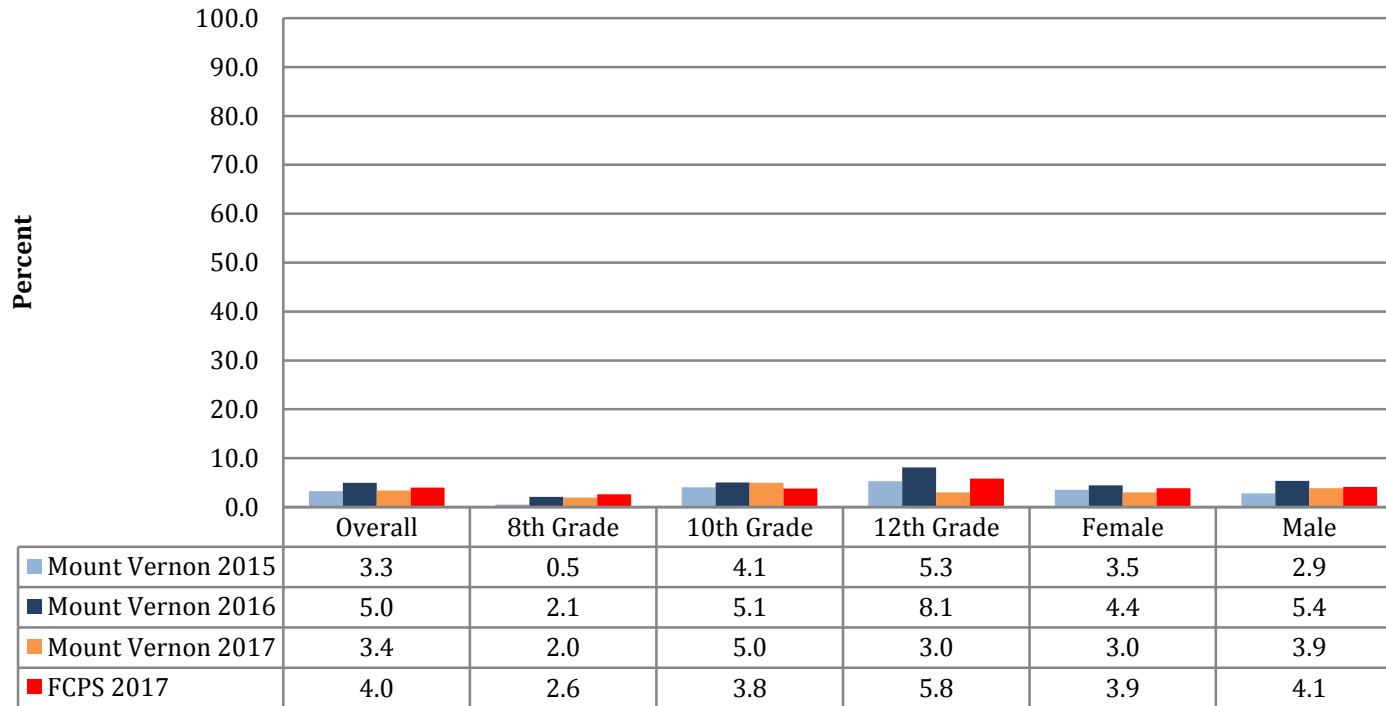
Example Painkillers: Oxycontin, Vicodin, Percoset, Codeine



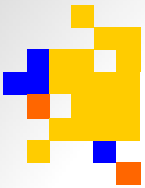
Prescription Drugs

Percent who reported using prescription drugs without a doctor's order during the past 30 days

Mount Vernon Pyramid 3-Year Comparison



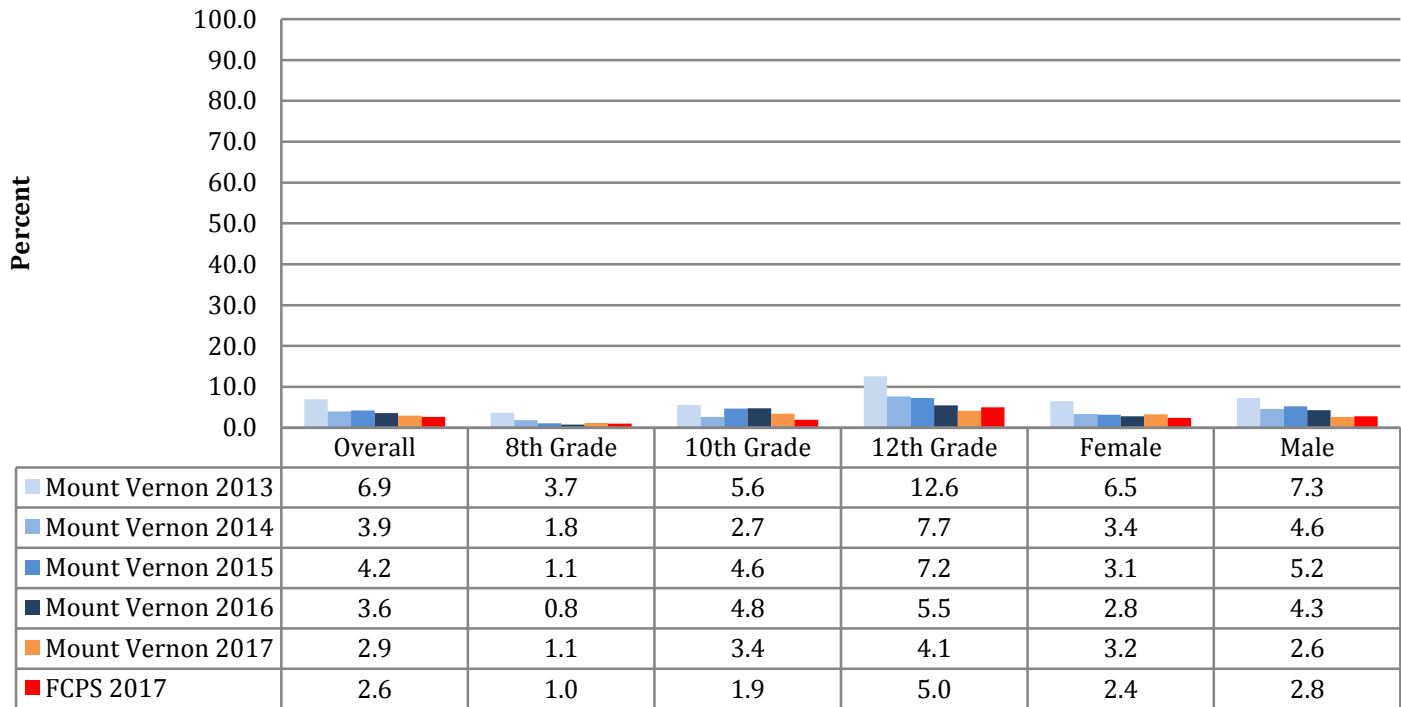
Example Prescription Drugs: Ritalin, Adderal, Xanax



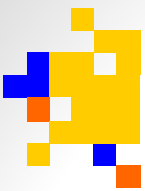
Cigarettes

Percent who reported smoking cigarettes in the past 30 days

Mount Vernon Pyramid 5-Year Comparison



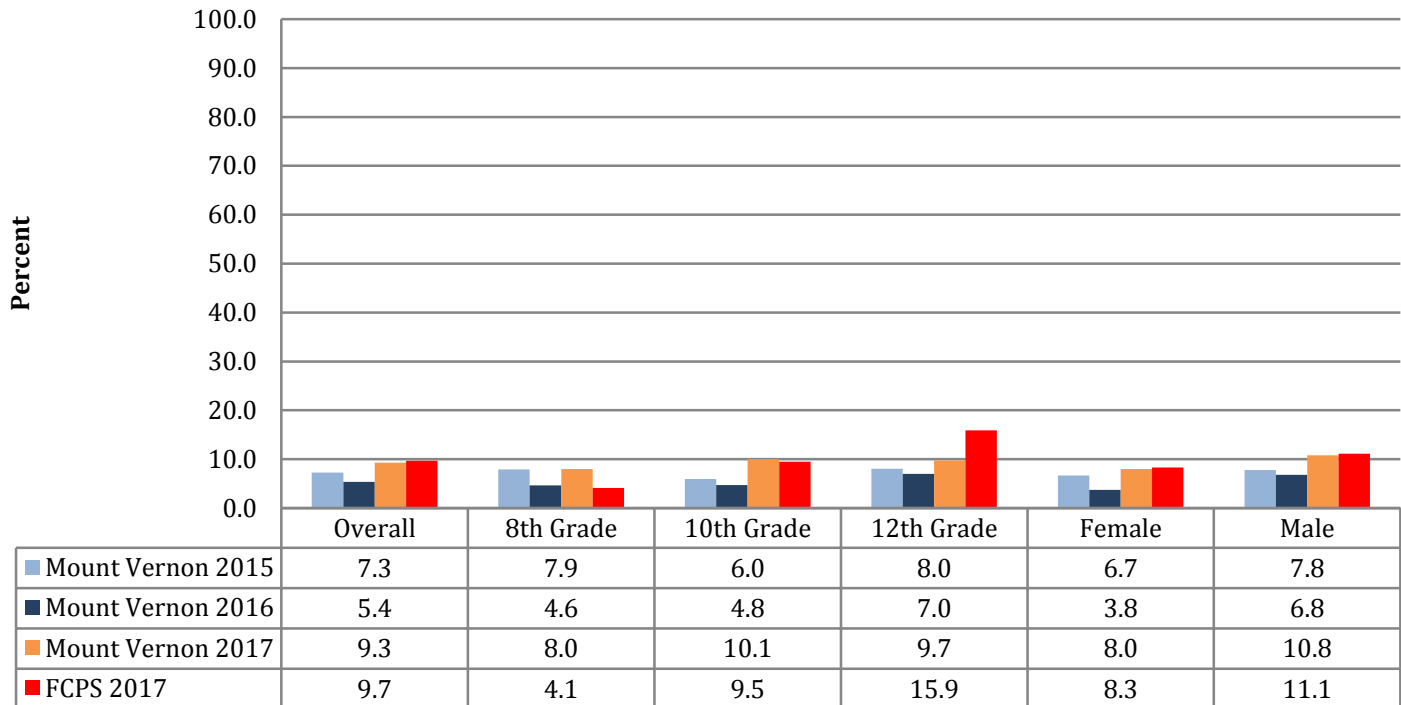
6th Grade, Mount Vernon Pyramid (2017): 0.4%

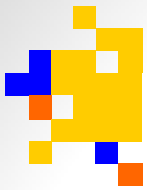


E-Cigarettes

Percent who reported using E-cigarettes in the past 30 days

Mount Vernon Pyramid 3-Year Comparison

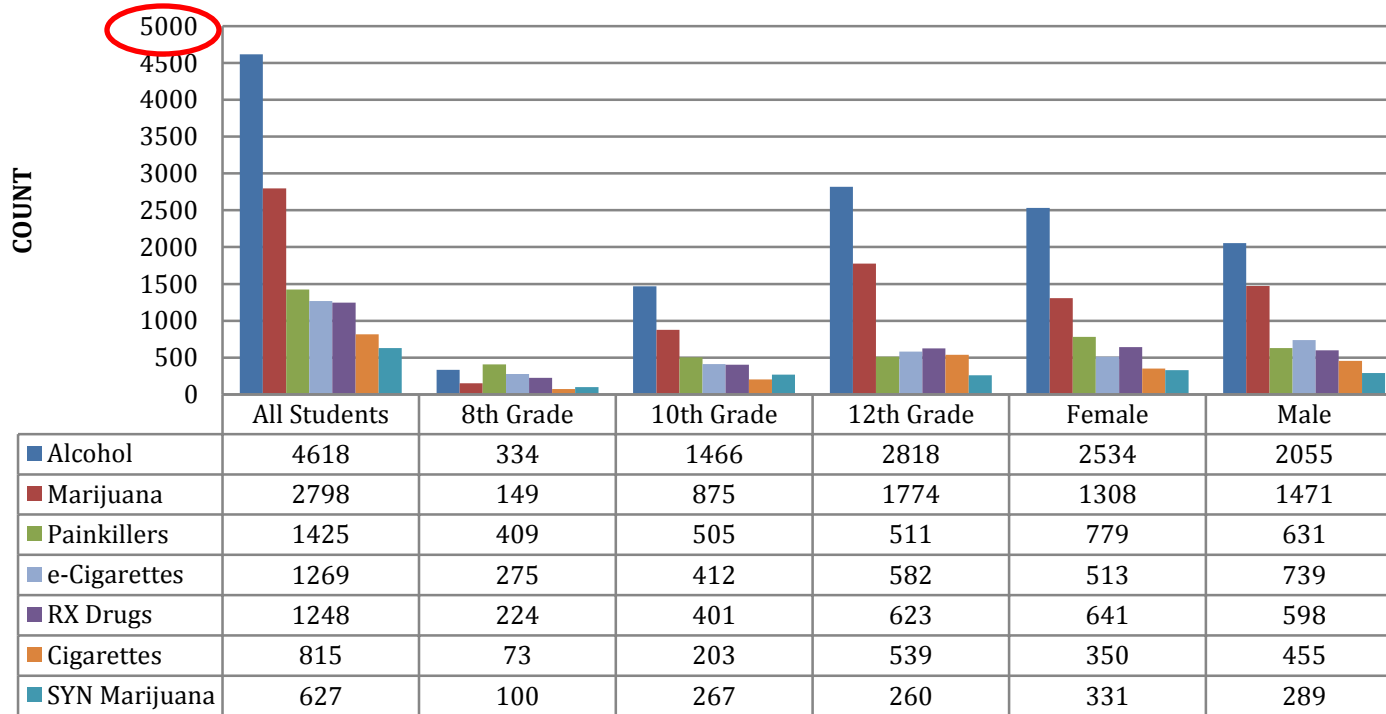


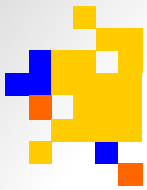


Alcohol, Tobacco, and Painkillers/Prescriptions

Number of students who reported use in last 30 days (District-Level)

ATOD Numbers from Youth Survey **2016**

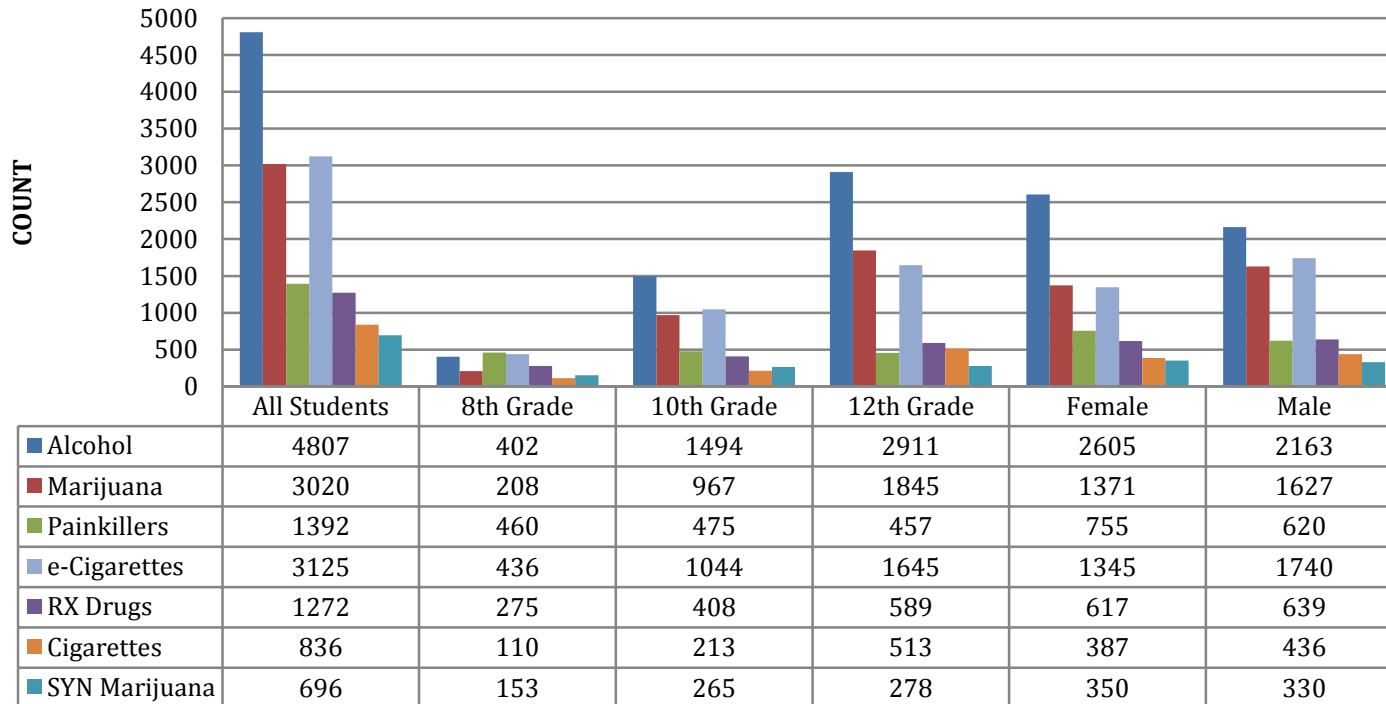


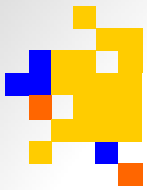


Alcohol, Tobacco, and Painkillers/Prescriptions

Number of students who reported use in last 30 days (District-Level)

ATOD Numbers from Youth Survey **2017**

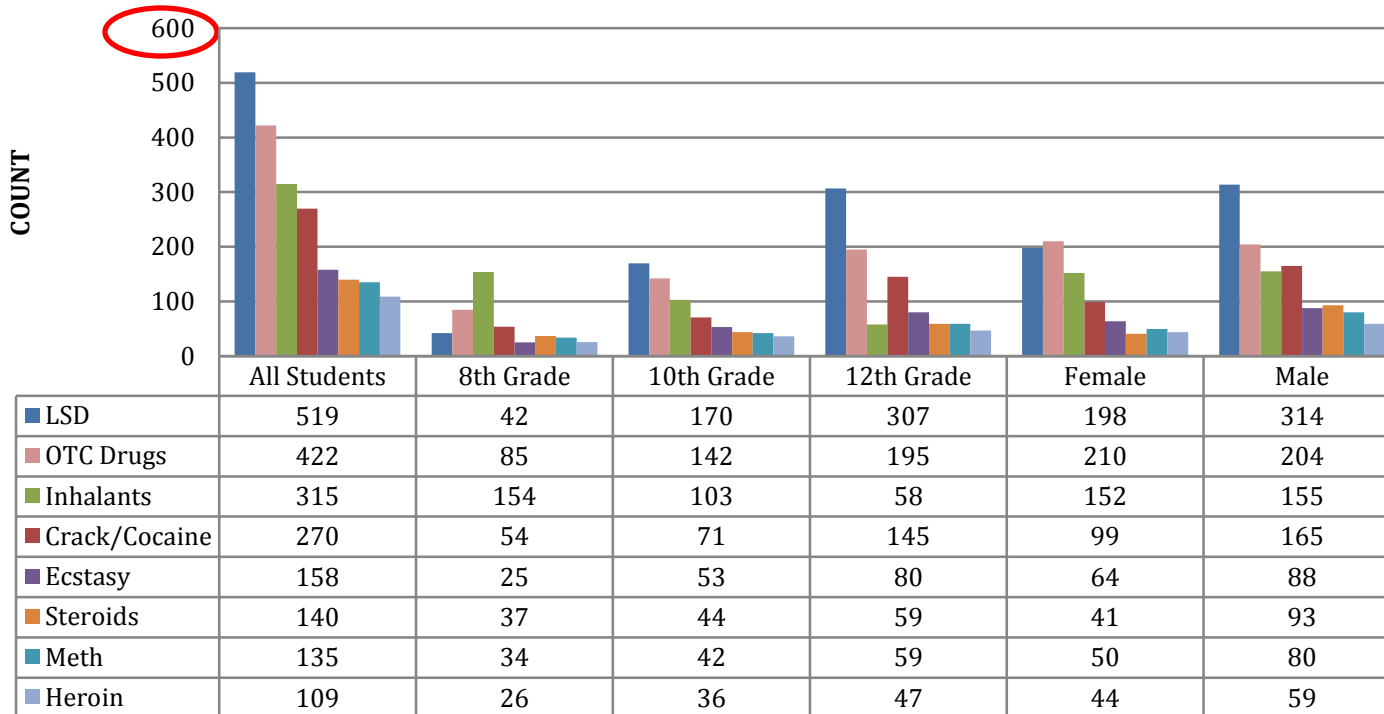




Other Drug Use

Number of students who reported use in last 30 days (District-Level)

ATOD Numbers from Youth Survey **2016**

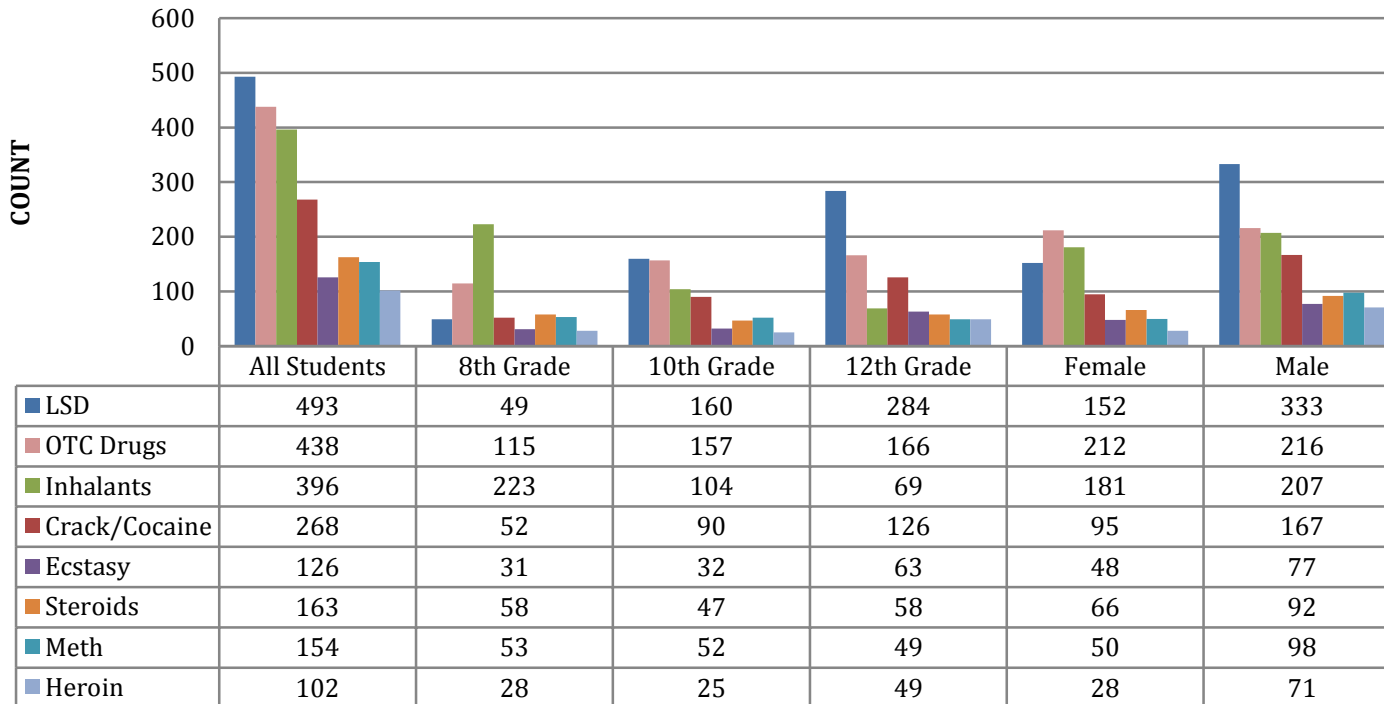


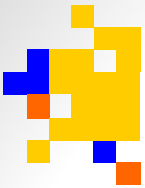


Other Drug Use

Number of students who reported use in last 30 days (District-Level)

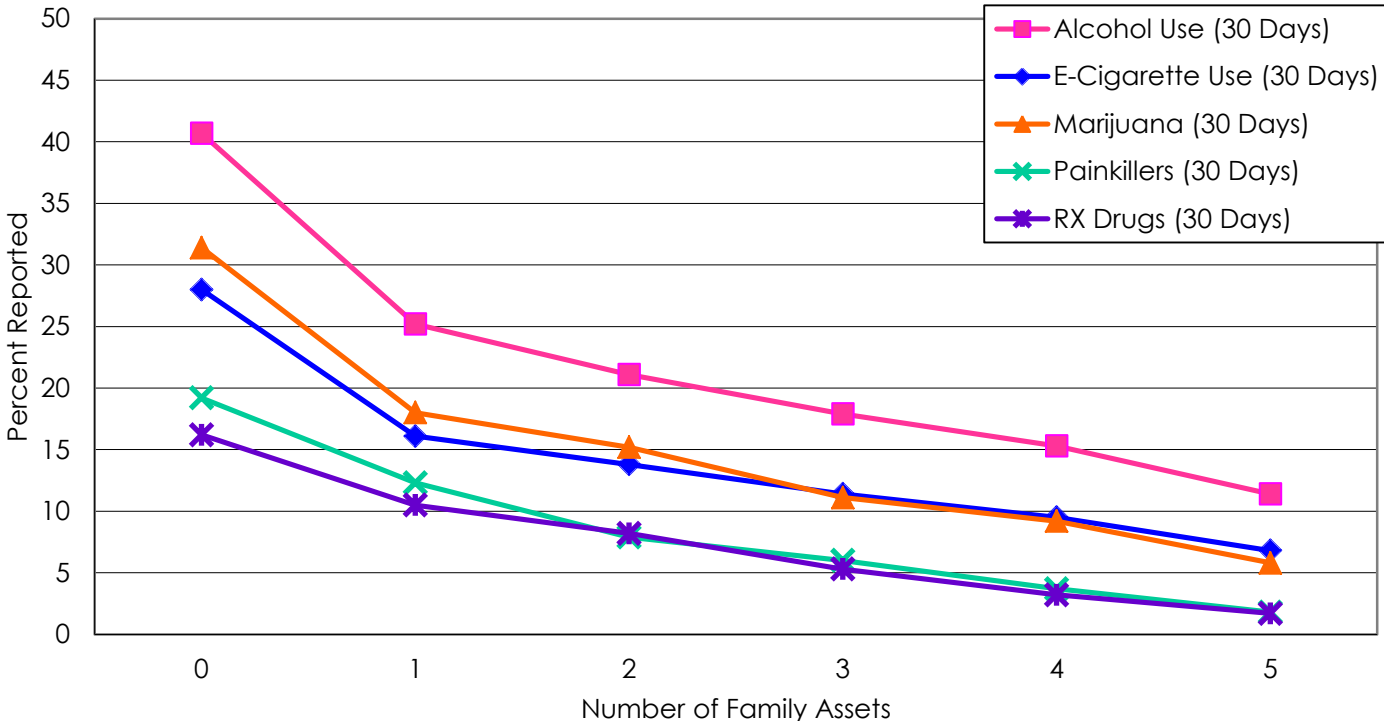
ATOD Numbers from Youth Survey **2017**





Family Assets (*District-Level*)

Alcohol, Tobacco, and Other Drugs



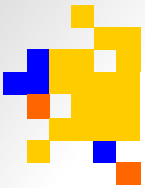
**Having Parents Available for Help
Parents Know Whereabouts
Input to Family Decisions**

**Family Members Respect Each Other
No Parent Bullying**



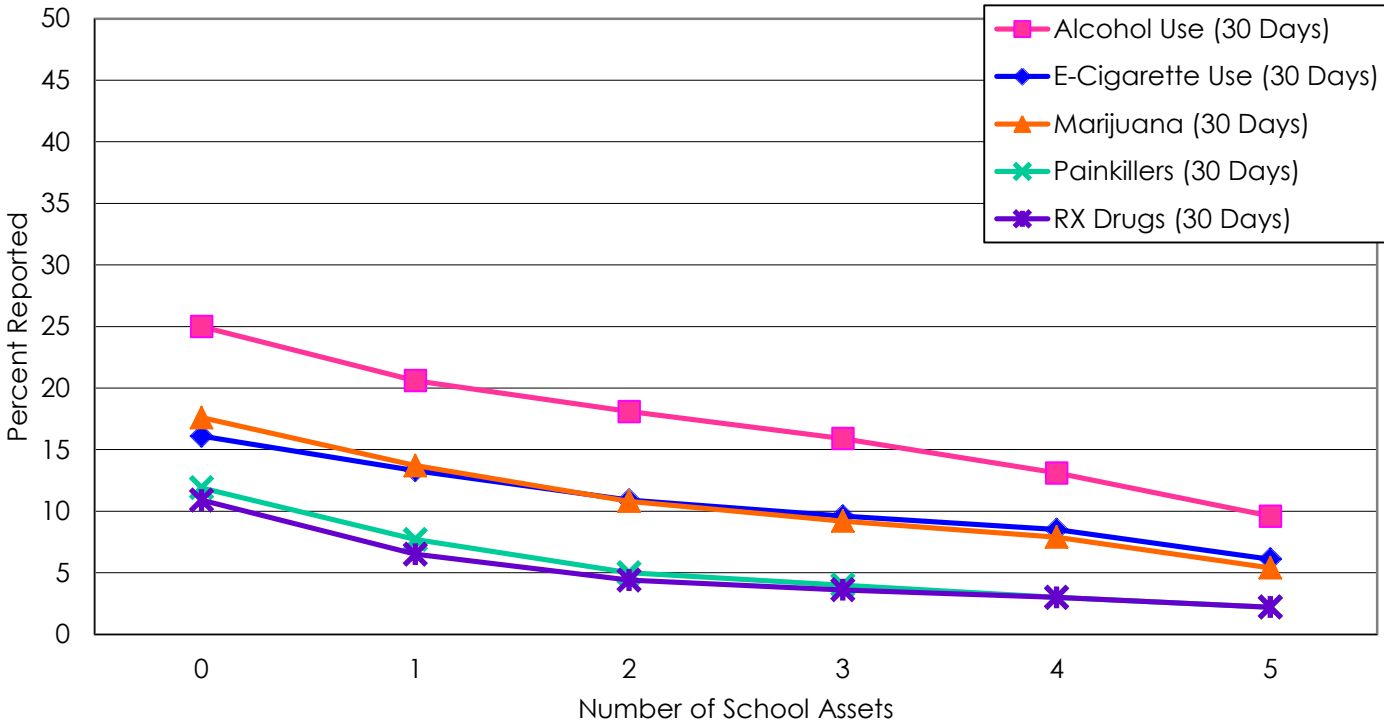
Fairfax County Youth Survey 2017





School Assets (*District-Level*)

Alcohol, Tobacco, and Other Drugs



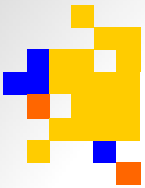
Teacher Notices Good Job
Teachers Available One-on-One
Feel Safe at School

Schools Communicate with Good News
Teacher Praises Job Well Done



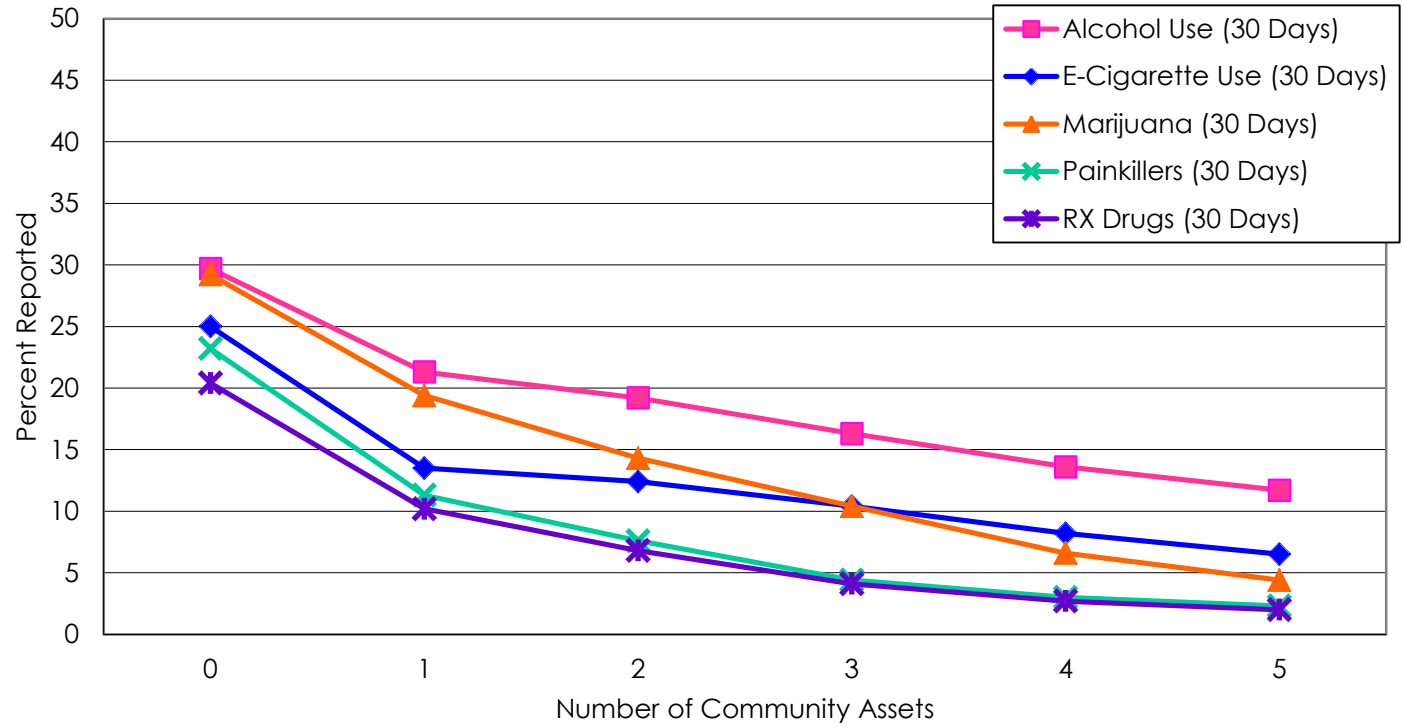
Fairfax County Youth Survey 2017





Community Assets (*District-Level*)

Alcohol, Tobacco, and Other Drugs



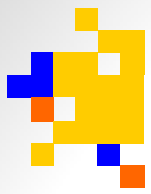
Extracurricular Activities Available
Adults are Available to Talk to
Neighbors Acknowledge Good Work

Community Disapproves of Marijuana Use
Students Feel Safe in their Neighborhoods



Fairfax County Youth Survey 2017





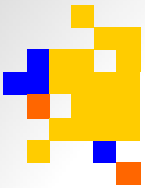
Safety, Aggression, and Victimization

Comparisons for
Grades 8, 10, & 12



Fairfax County Youth Survey 2017

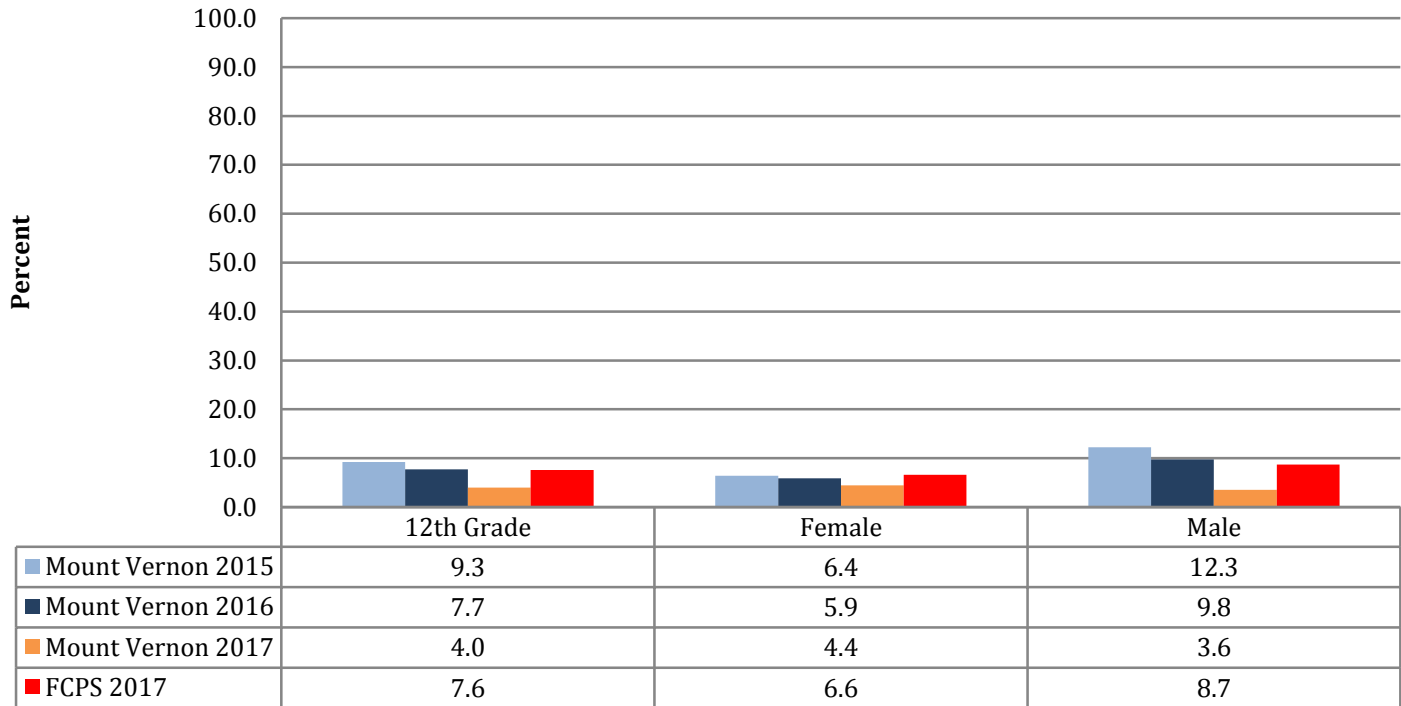




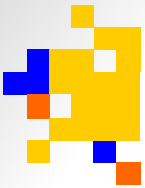
Dangerous Driving - Drinking

Percent of 12th graders who reported drinking alcohol while driving during the past 30 days

Mount Vernon Pyramid 3-Year Comparison



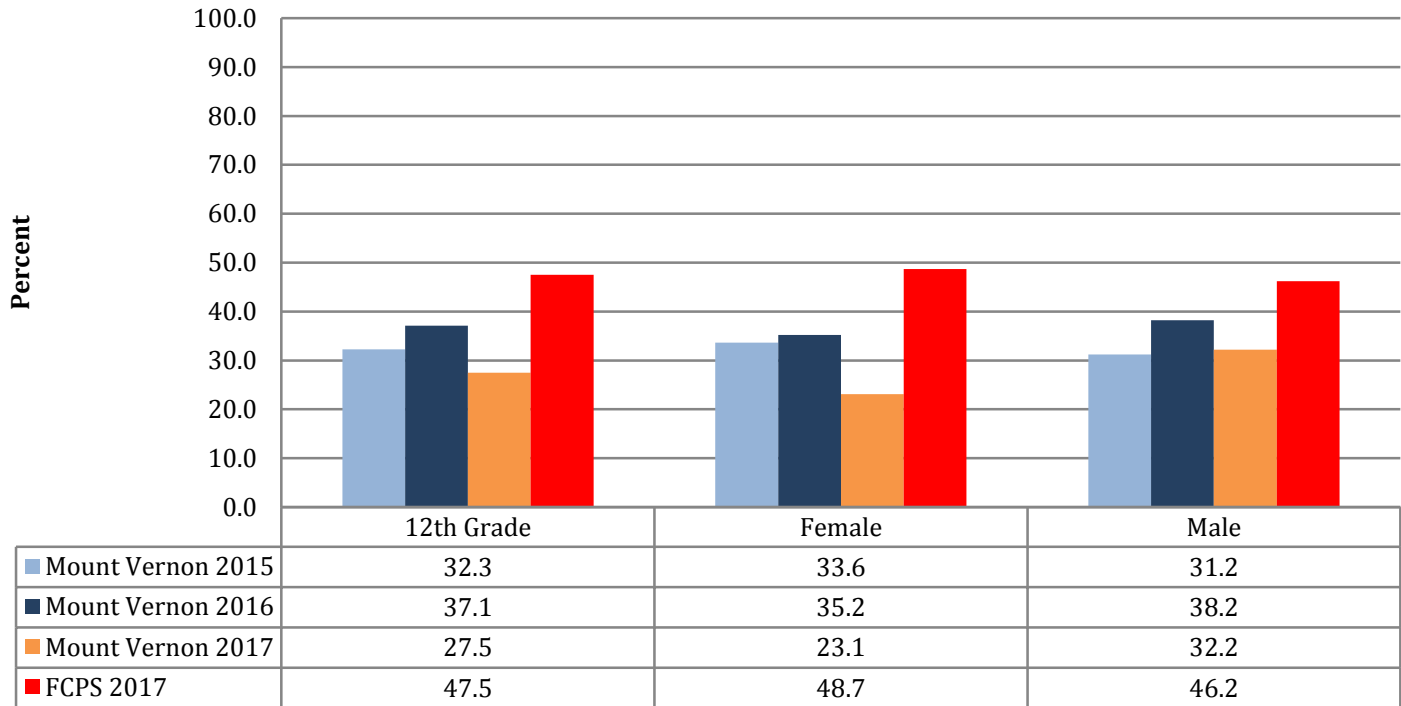
Only includes 12th graders who drove during the past 30 days



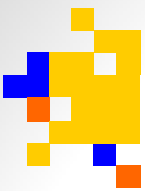
Dangerous Driving - Texting

Percent of 12th graders who reported texting/e-mailing while driving during the past 30 days

Mount Vernon Pyramid 3-Year Comparison



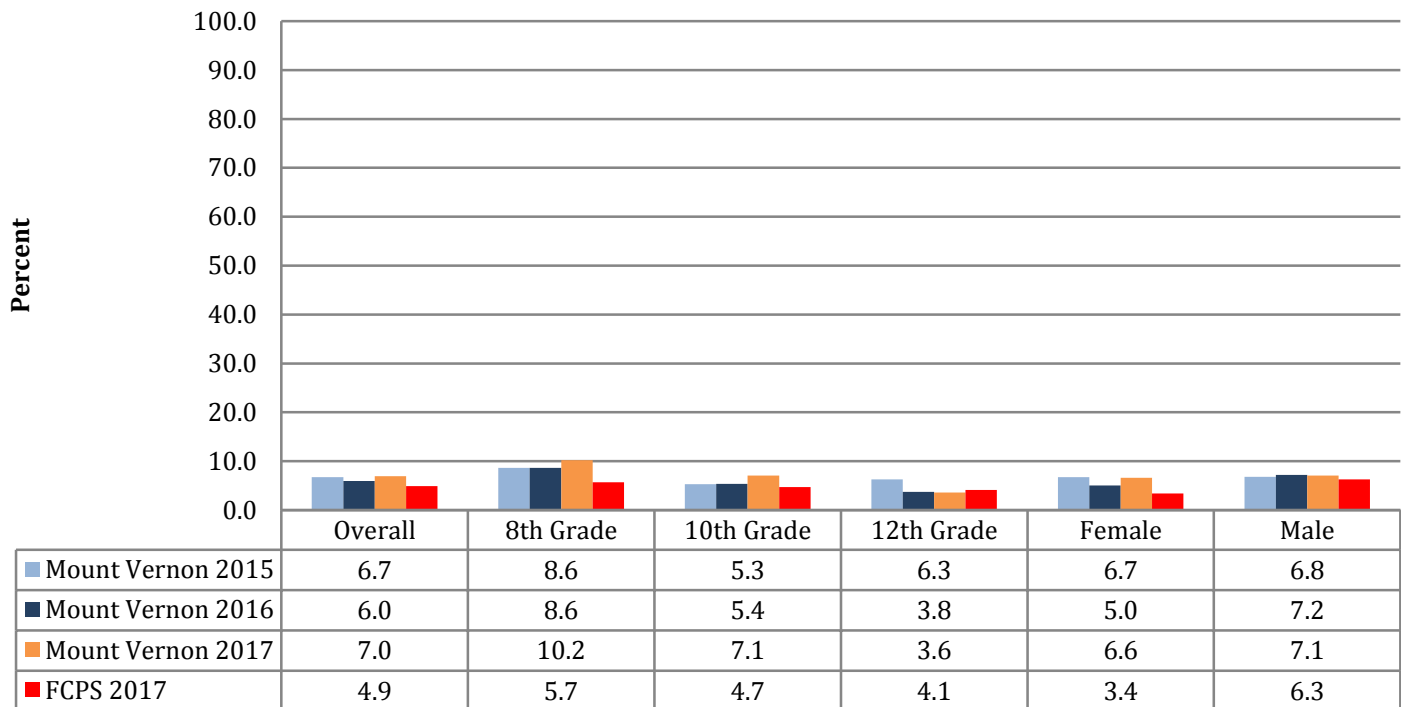
Only includes 12th graders who drove during the past 30 days



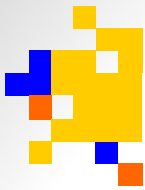
Bullying – Aggressor (On School Property)

Percent who reported bullying another student on school property during the past year

Mount Vernon Pyramid 3-Year Comparison



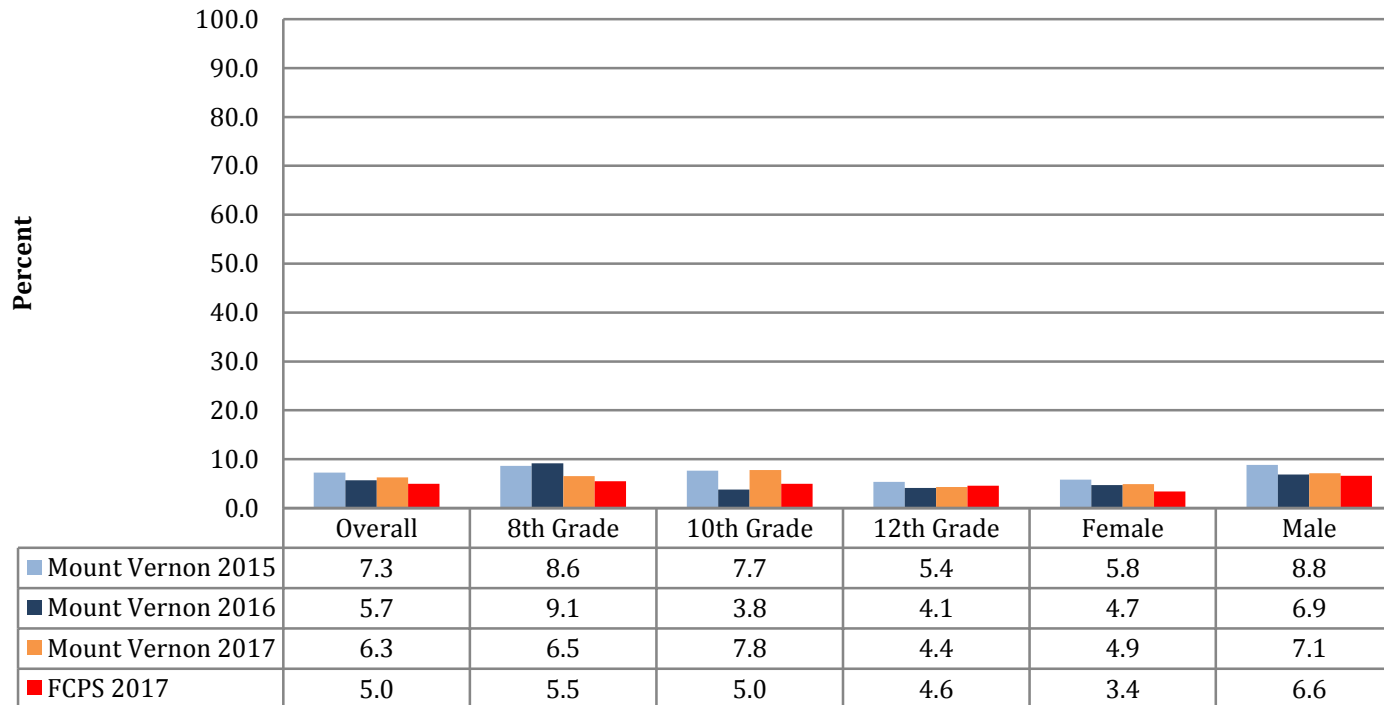
6th Grade, Mount Vernon Pyramid (2017): 8.7%



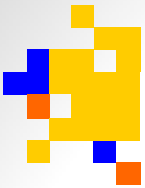
Bullying – Aggressor (Off School Property)

Percent who reported bullying another student *not on* school property during the past year

Mount Vernon Pyramid 3-Year Comparison



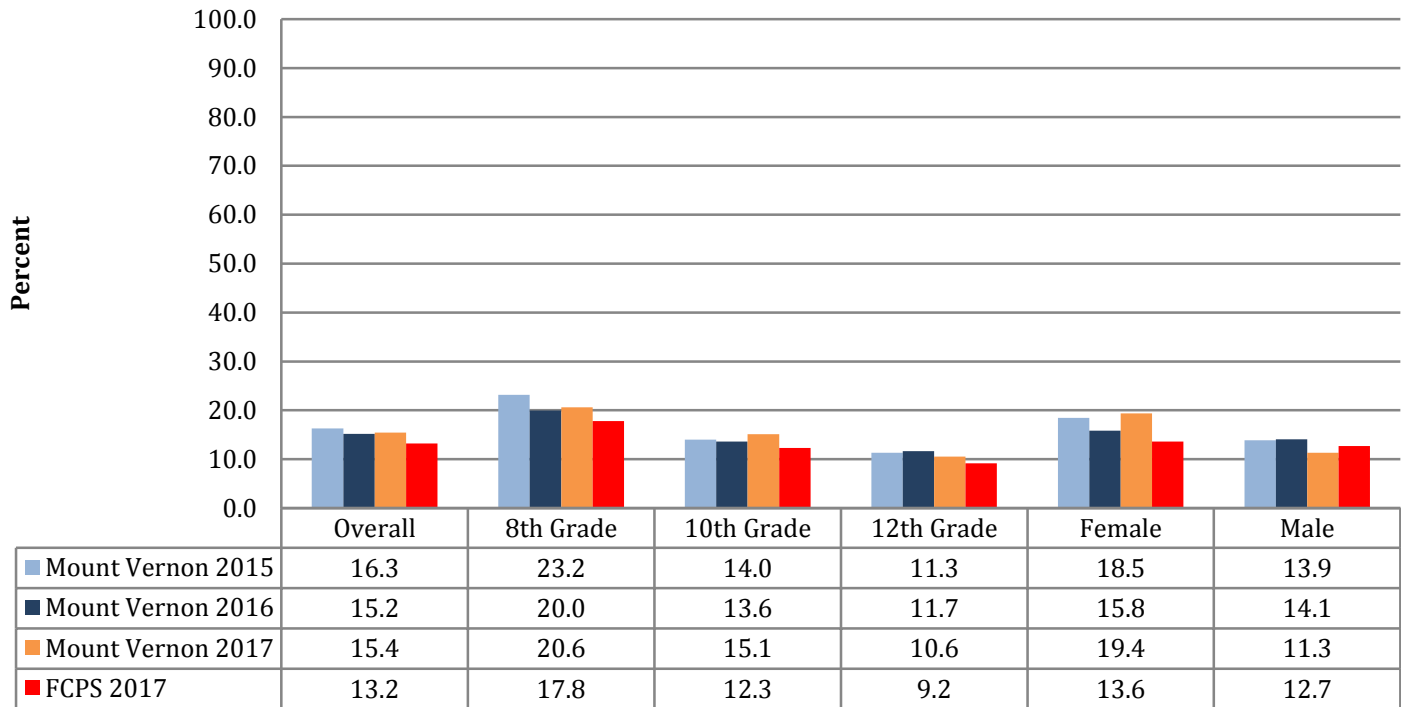
6th Grade, Mount Vernon Pyramid (2017): 6.7%



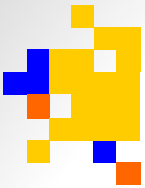
Bullying – Victim (On School Property)

Percent who reported being bullied by another student on school property during the past year

Mount Vernon Pyramid 3-Year Comparison



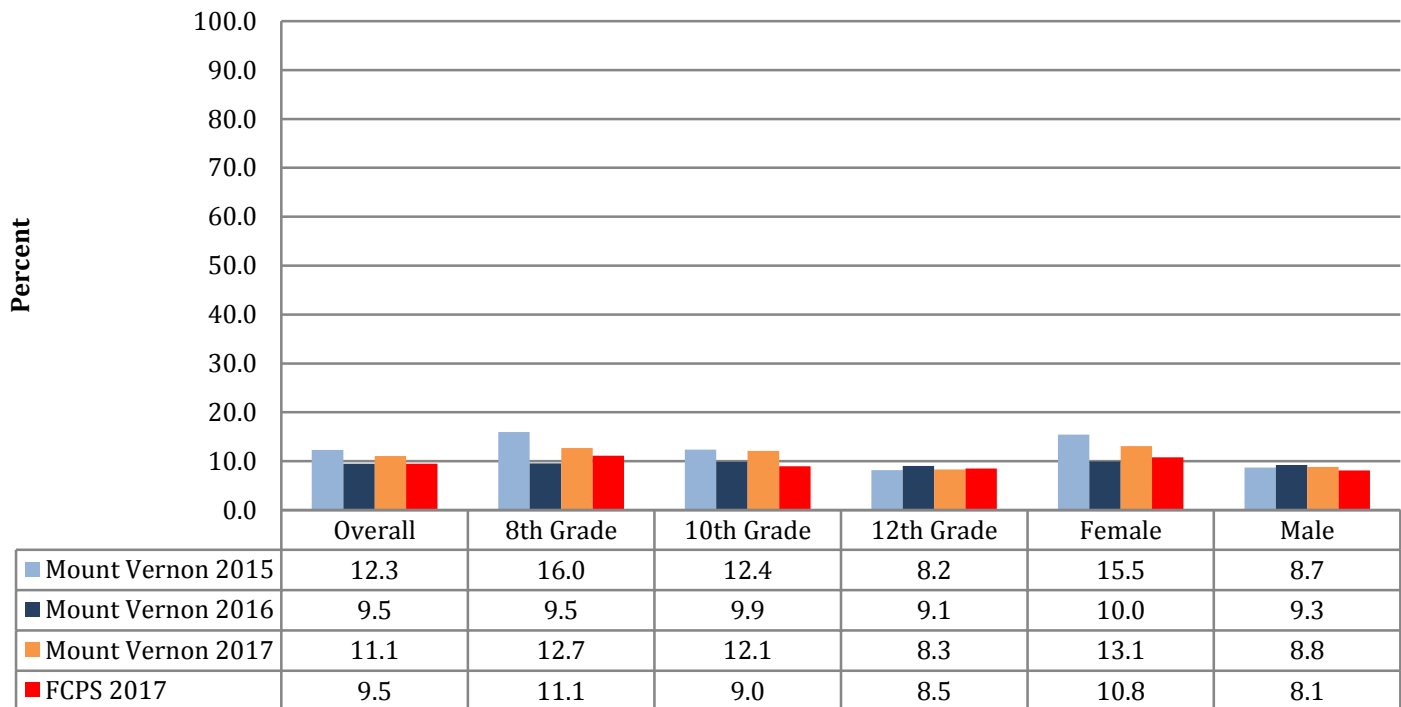
6th Grade, Mount Vernon Pyramid (2017): 26.3%



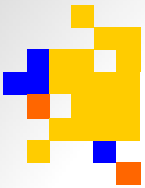
Bullying – Victim (Off School Property)

Percent who reported being bullied by another student *not on* school property during the past year

Mount Vernon Pyramid 3-Year Comparison



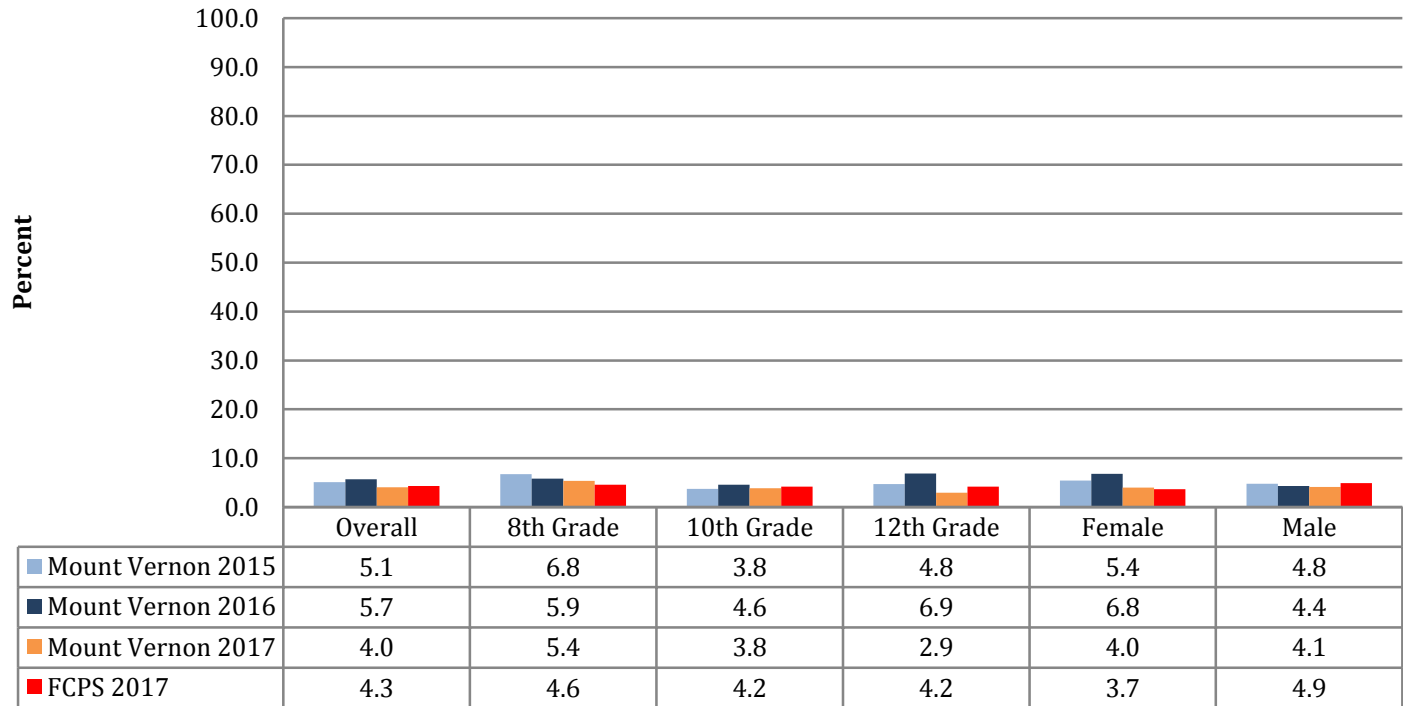
6th Grade, Mount Vernon Pyramid (2017): 21.0%



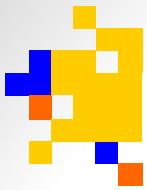
Cyberbullying –Aggressor

Percent who reported cyberbullying another student during the past year

Mount Vernon Pyramid 3-Year Comparison



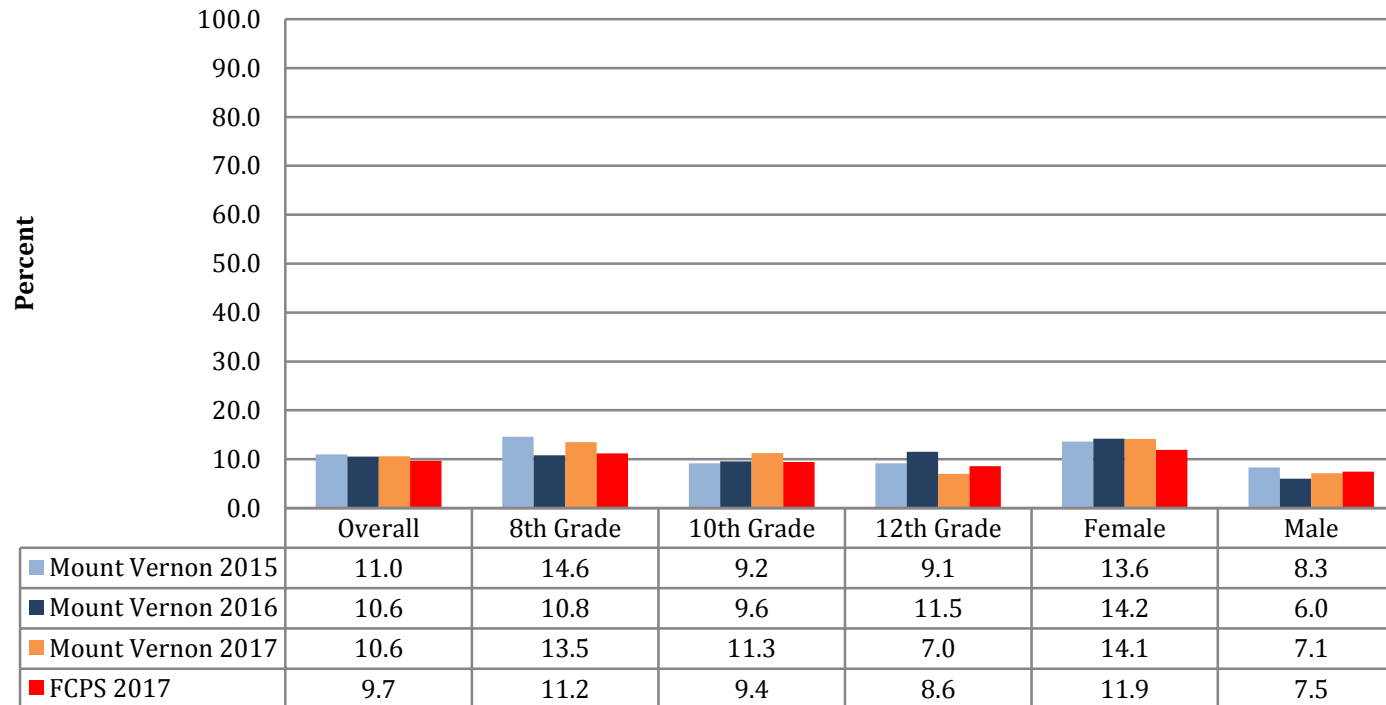
6th Grade, Mount Vernon Pyramid (2017): 6.5%



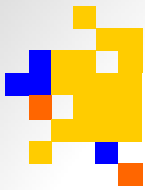
Cyberbullying – Victim

Percent who reported being cyberbullied by another student during the past year

Mount Vernon Pyramid 3-Year Comparison



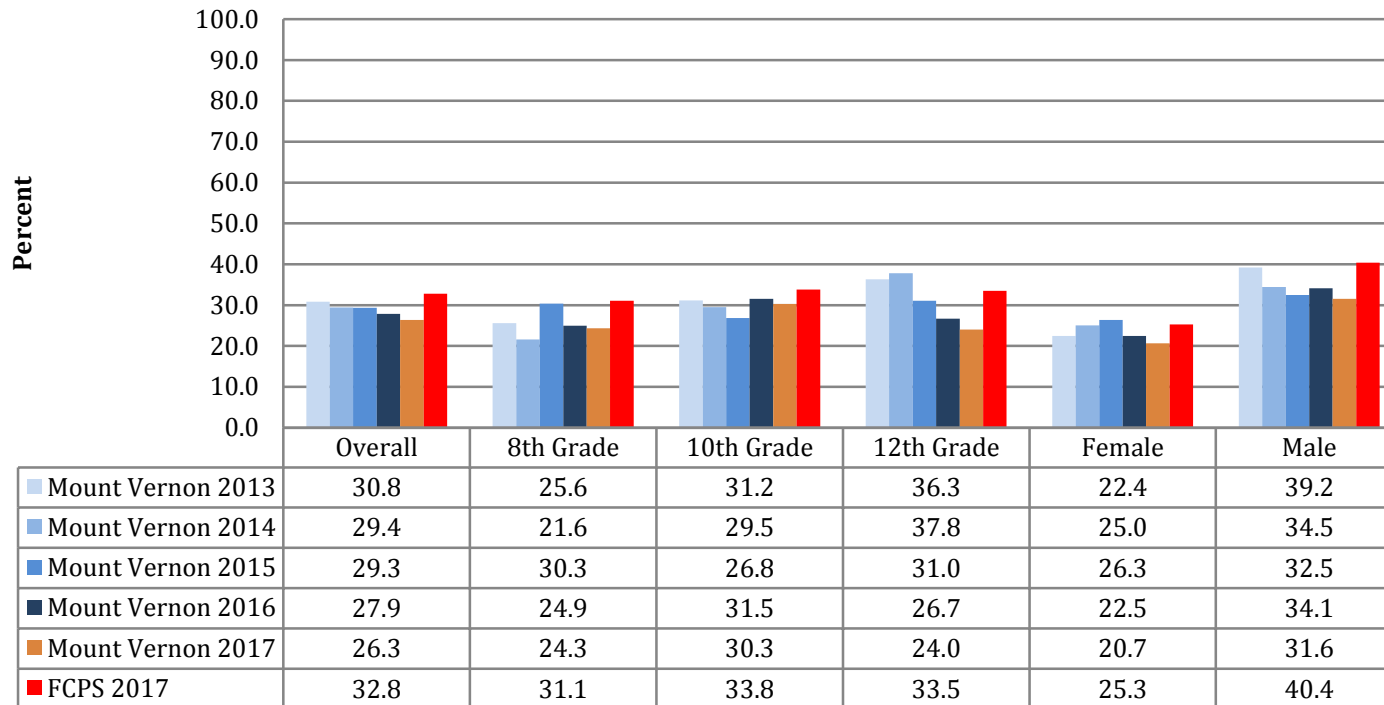
6th Grade, Mount Vernon Pyramid (2017): 12.5%



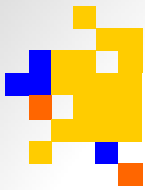
Race and Culture

Percent who reported saying something bad about someone's race or culture during the past year

Mount Vernon Pyramid 5-Year Comparison



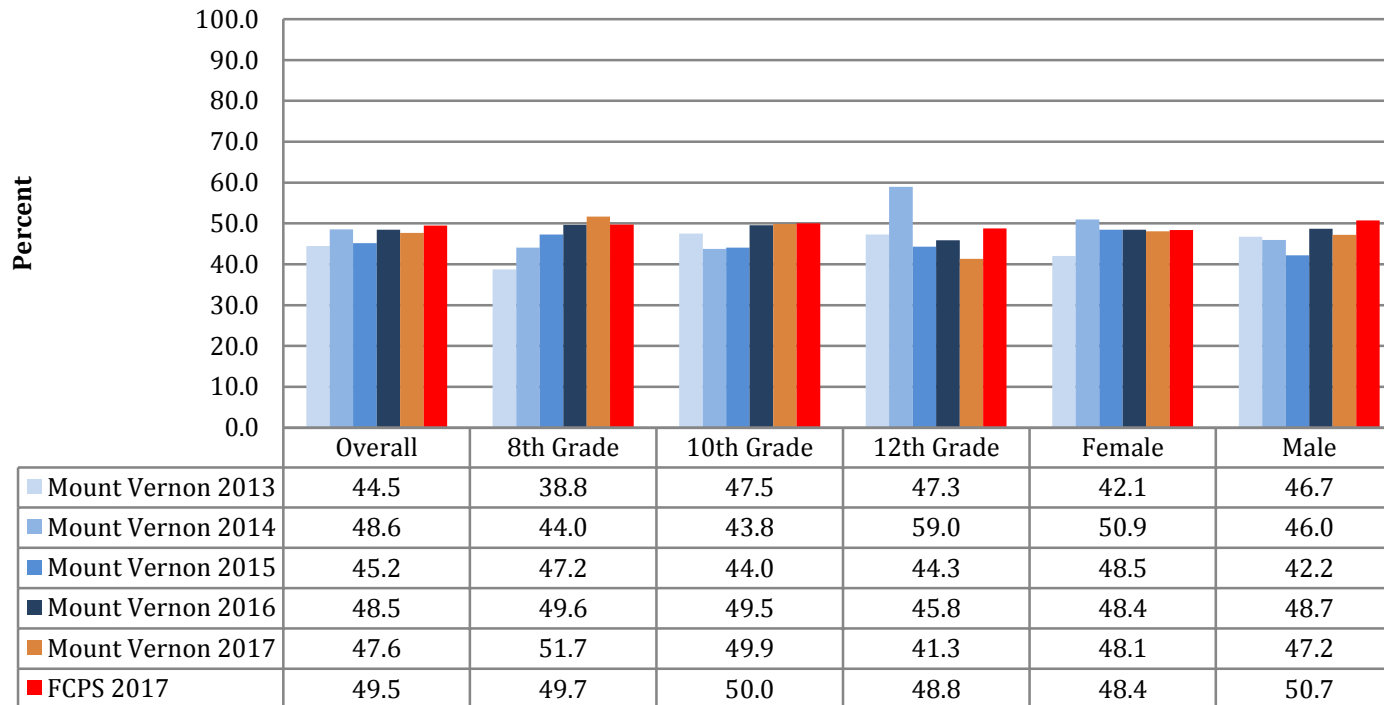
6th Grade, Mount Vernon Pyramid (2017): 19.6%



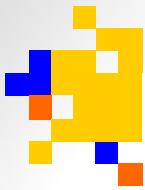
Race and Culture

Percent who reported someone else saying something bad about their race or culture during the past year

Mount Vernon Pyramid 5-Year Comparison



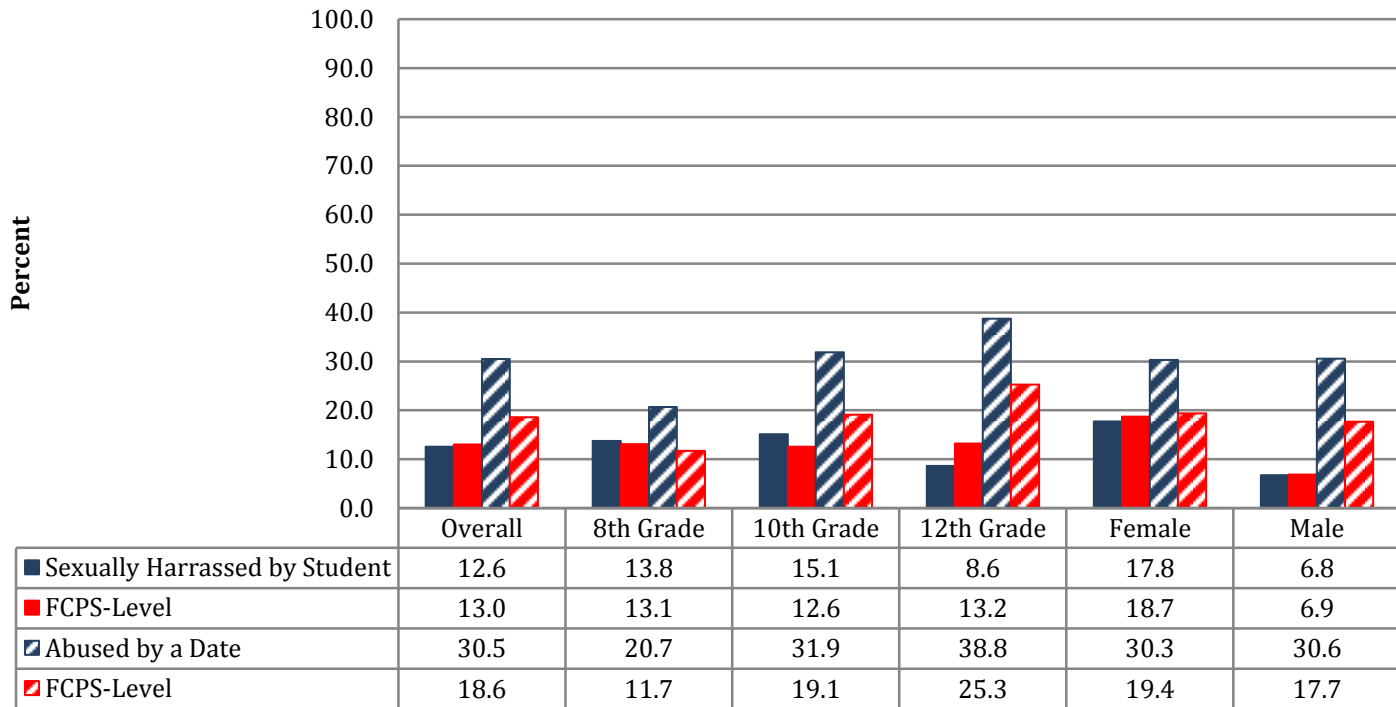
6th Grade, Mount Vernon Pyramid (2017): 41.8%

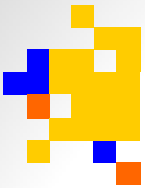


Teen Sexual Harassment and Dating Abuse

Percent who reported being sexually harassed by another student or abused in a dating relationship during the past year

Mount Vernon Pyramid 2017

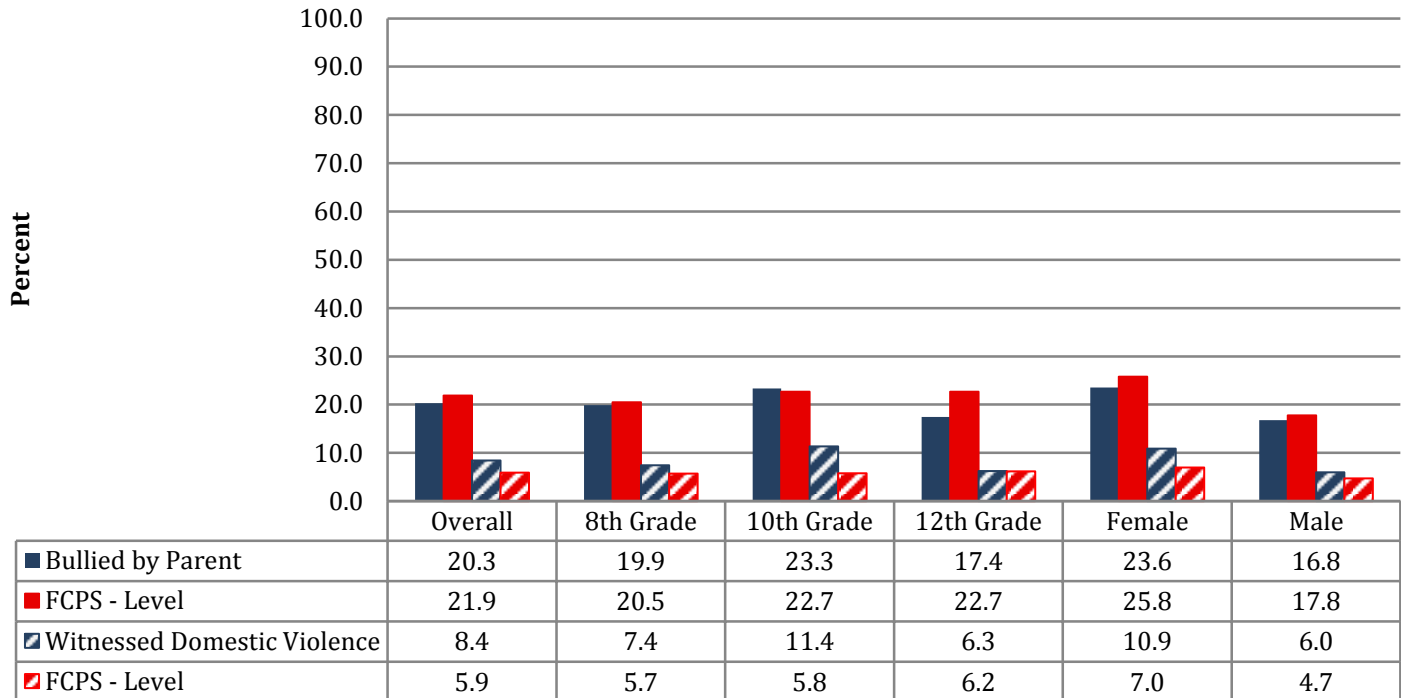


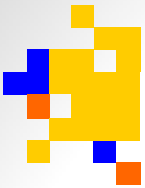


Domestic Bullying and Violence

Percent who reported being bullied by a parent/adult during the past year, or who have ever witnessed a parent hurt a spouse/partner

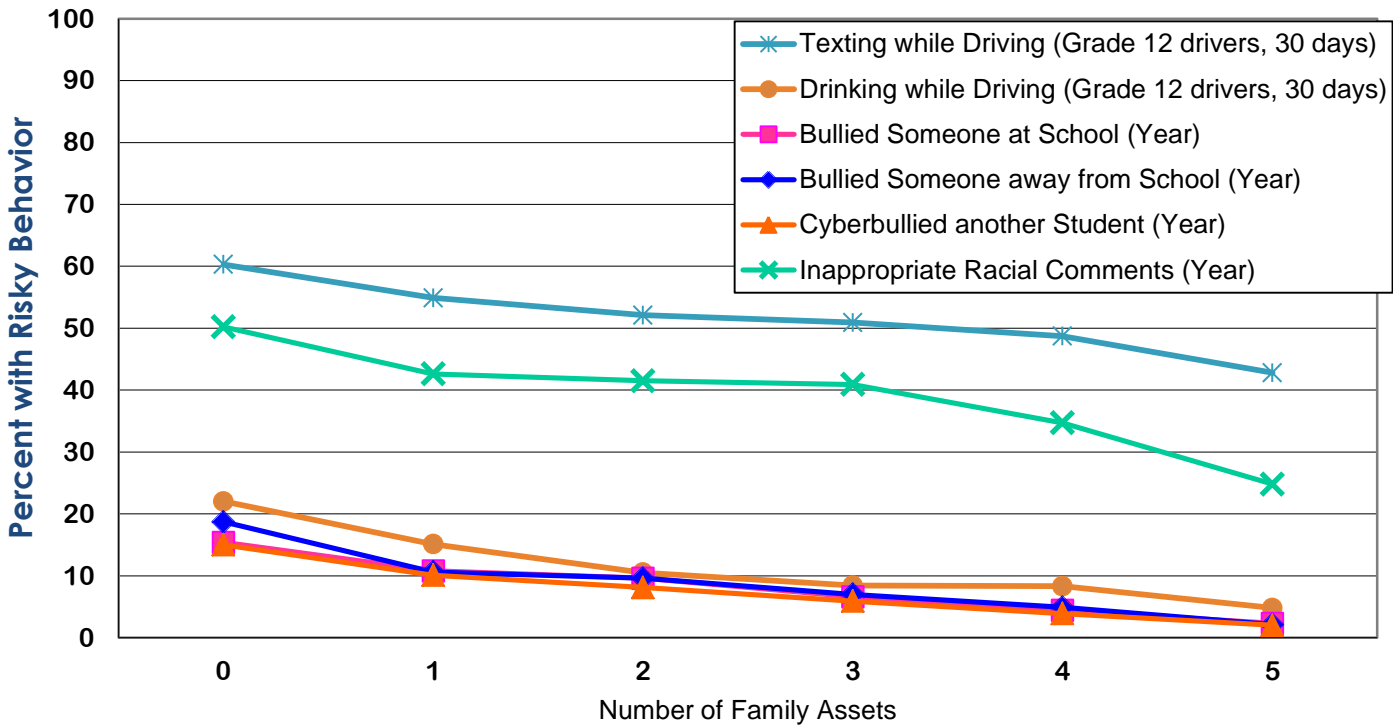
Mount Vernon Pyramid 2017





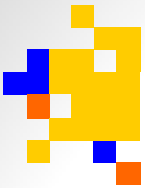
Family Assets (*District-Level*)

Safety, Aggression, and Victimization



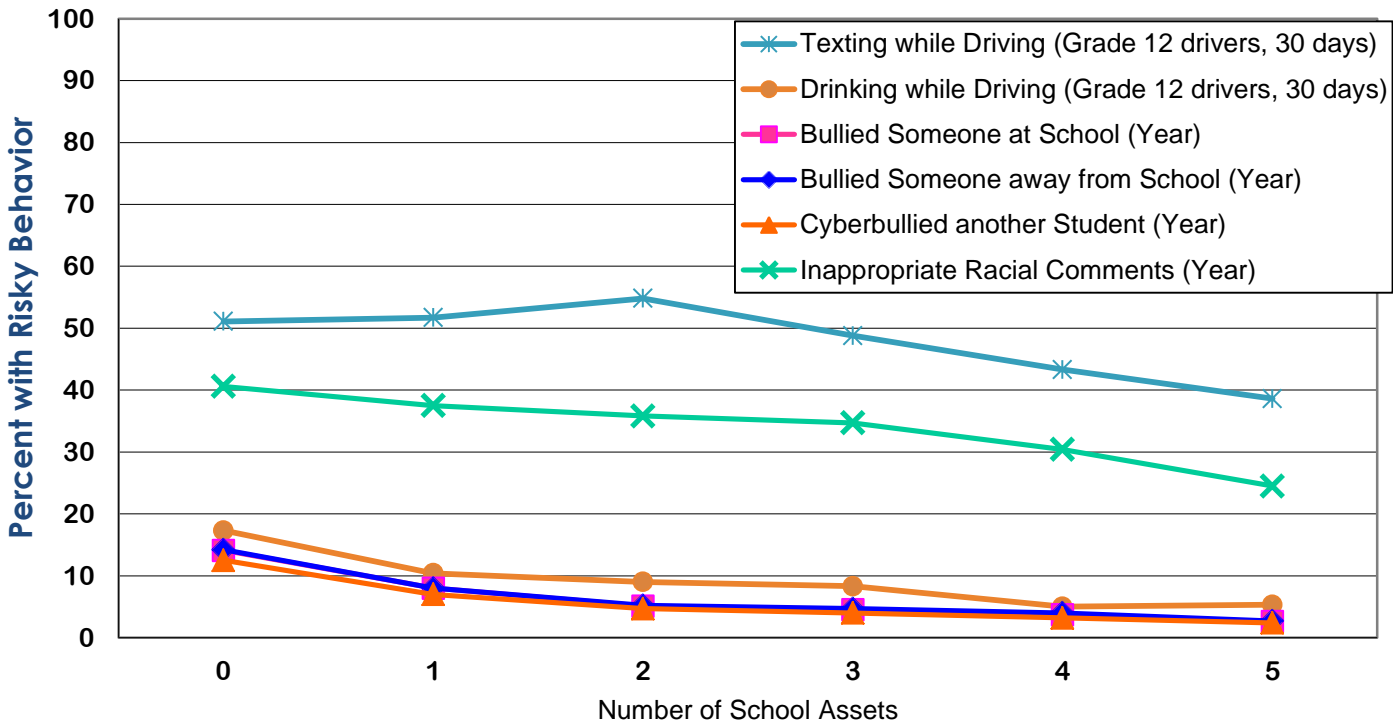
Having Parents Available for Help
 Parents Know Whereabouts
 Input to Family Decisions

Family Members Respect Each Other
 No Parent Bullying



School Assets (*District-Level*)

Safety, Aggression, and Victimization



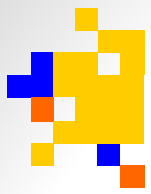
Teacher Notices Good Job
 Teachers Available One-on-One
 Feel Safe at School

Schools Communicate with Good News
 Teacher Praises Job Well Done



Fairfax County Youth Survey 2017





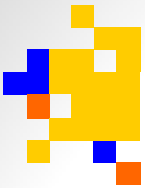
Physical Wellness

Comparisons for
Grades 8, 10, & 12



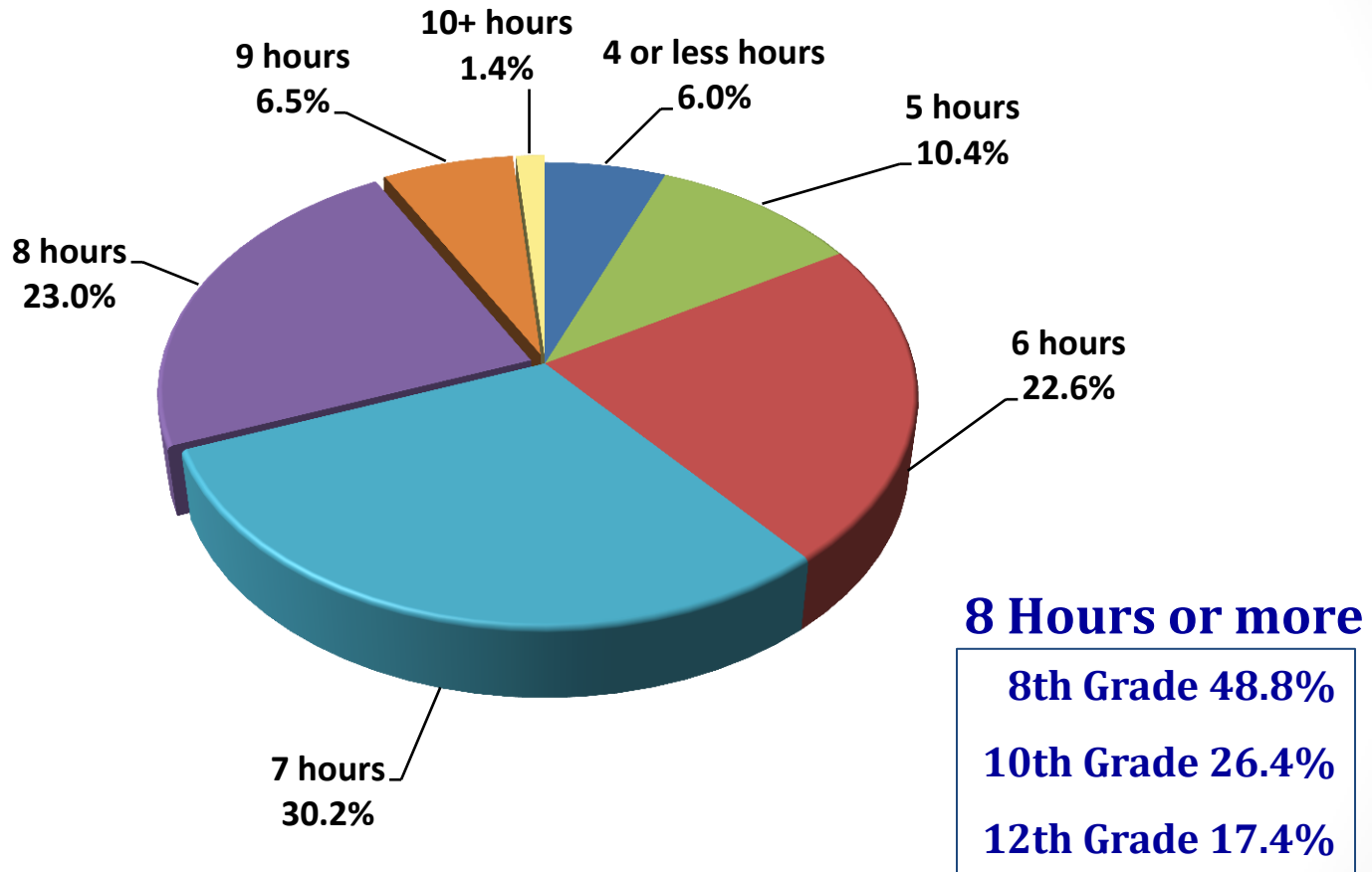
Fairfax County Youth Survey 2017

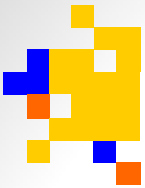




Sleep

Number of hours students reported sleeping on an average school night
(District-Level)

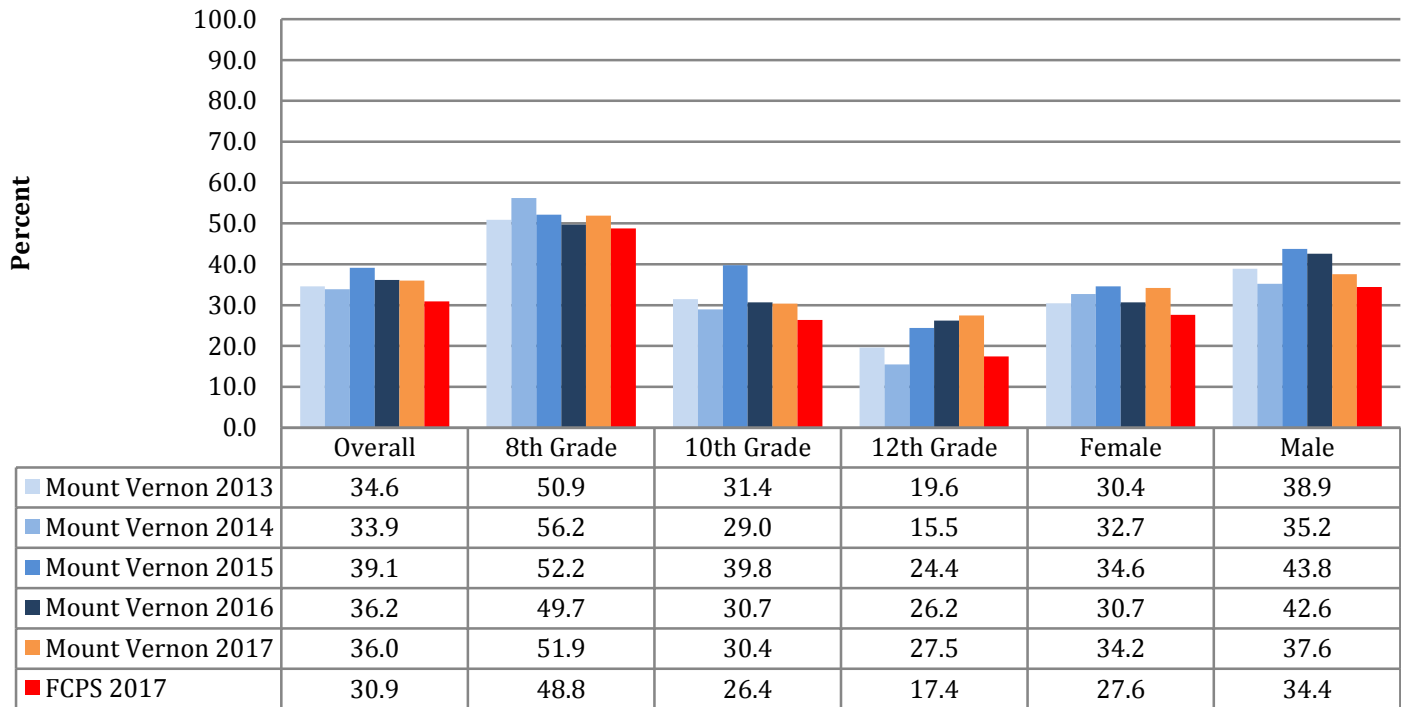


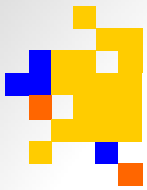


Sleep (8+)

Percent who reported sleeping an average of 8+ hours on school nights

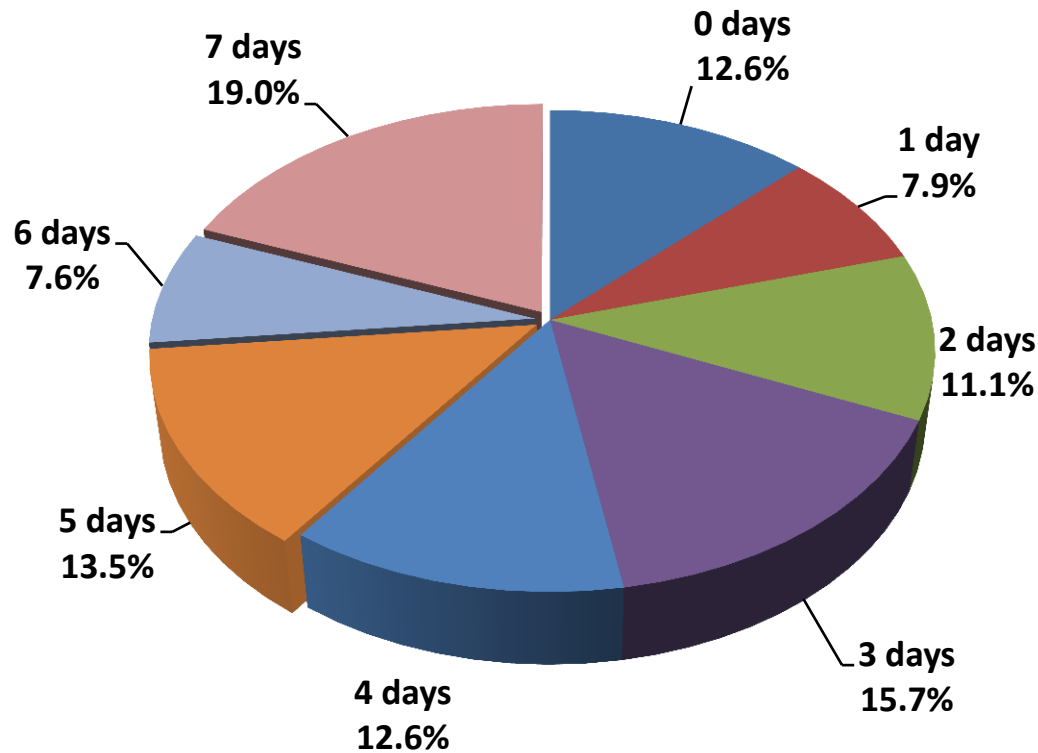
Mount Vernon Pyramid 5-Year Comparison





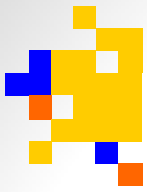
Physical Activity

How many days of the week students report getting at least 60 minutes of aerobic exercise (*District-Level*)



5 Days or more

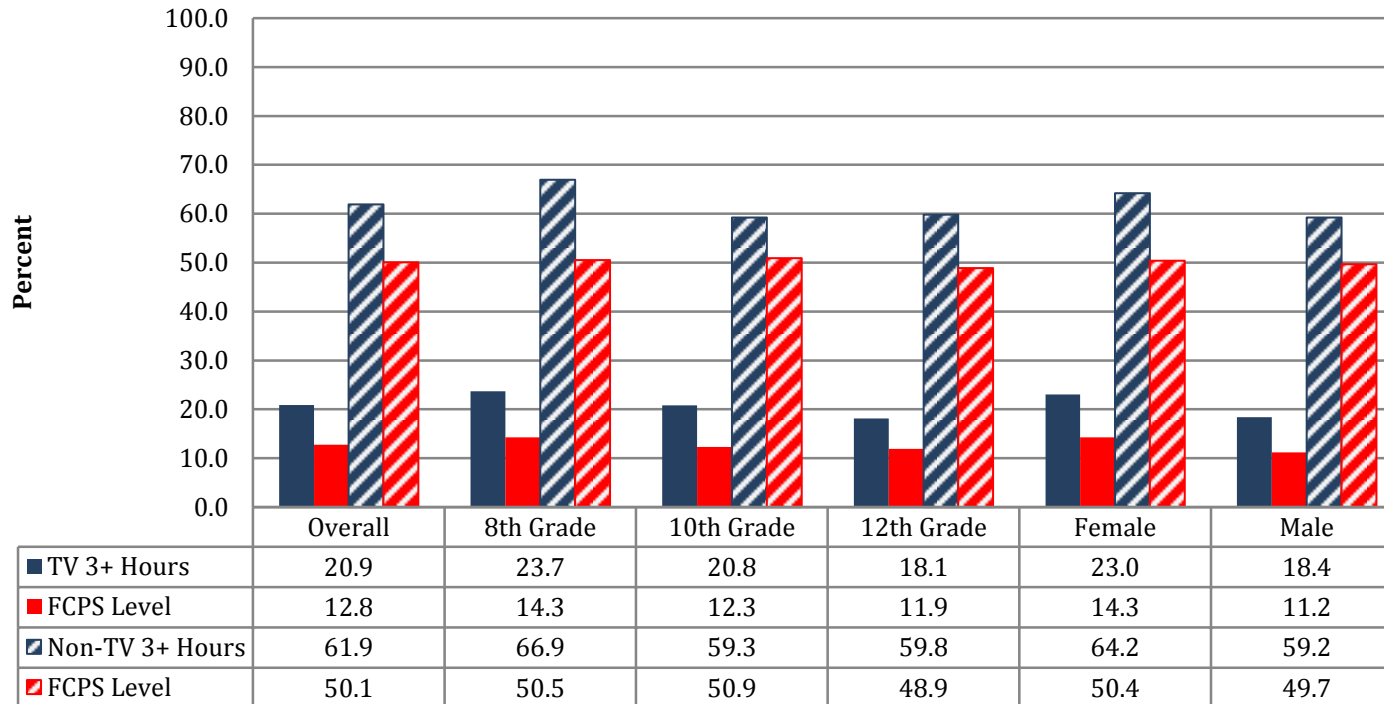
- 8th Grade 43.8%
- 10th Grade 42.8%
- 12th Grade 33.7%
- Females 32.0%
- Males 48.7%



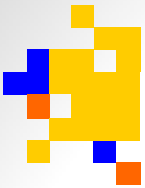
Screen time

Percent who reported viewing TV and non-TV (computer/video games) for 3+ hours on school days for reasons other than school work

Mount Vernon Pyramid 2017

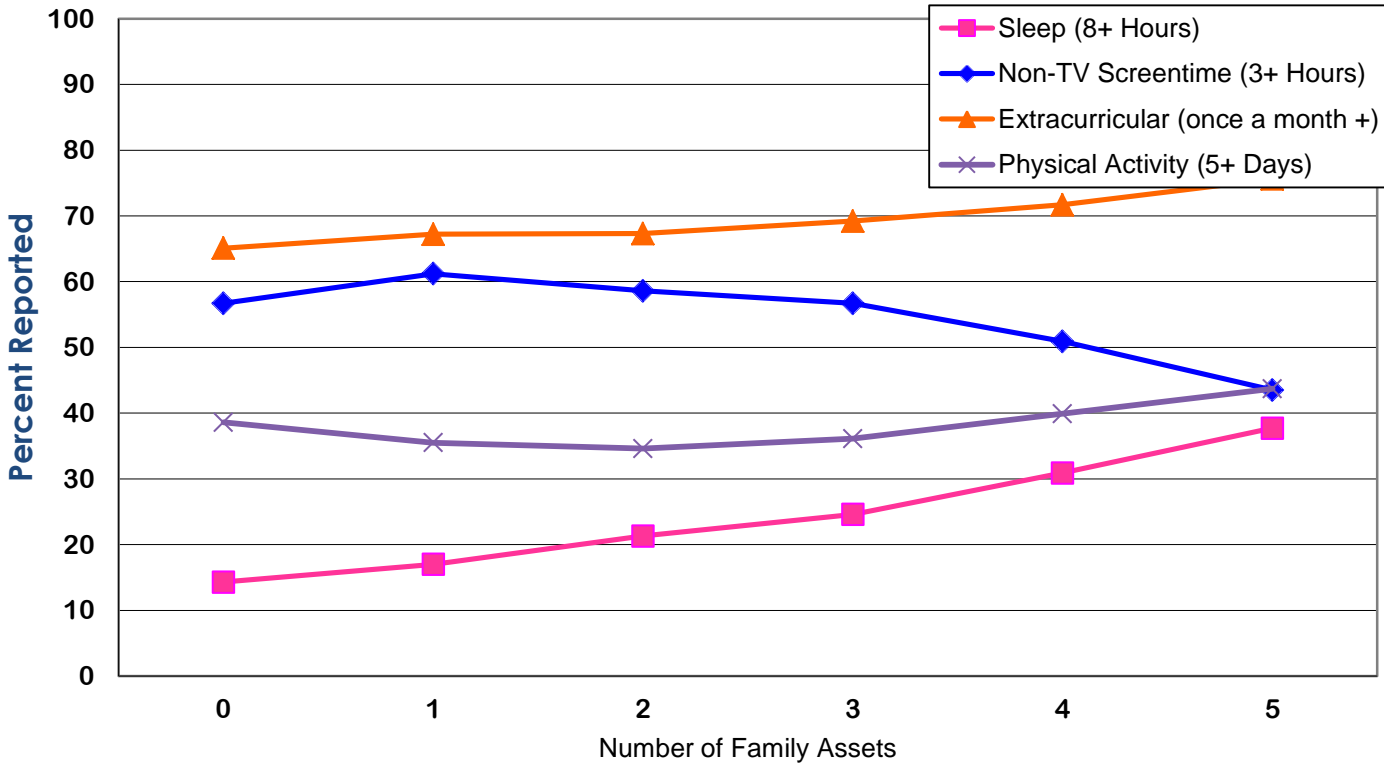


Note: Overall 6th Grade, Mount Vernon Pyramid (2017): 23.5% (TV); 45.9% (non-TV)



Family Assets (*District-Level*)

Physical Health



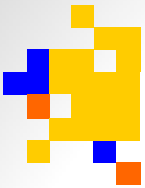
Having Parents Available for Help
 Parents Know Whereabouts
 Input to Family Decisions

Family Members Respect Each Other
 No Parent Bullying



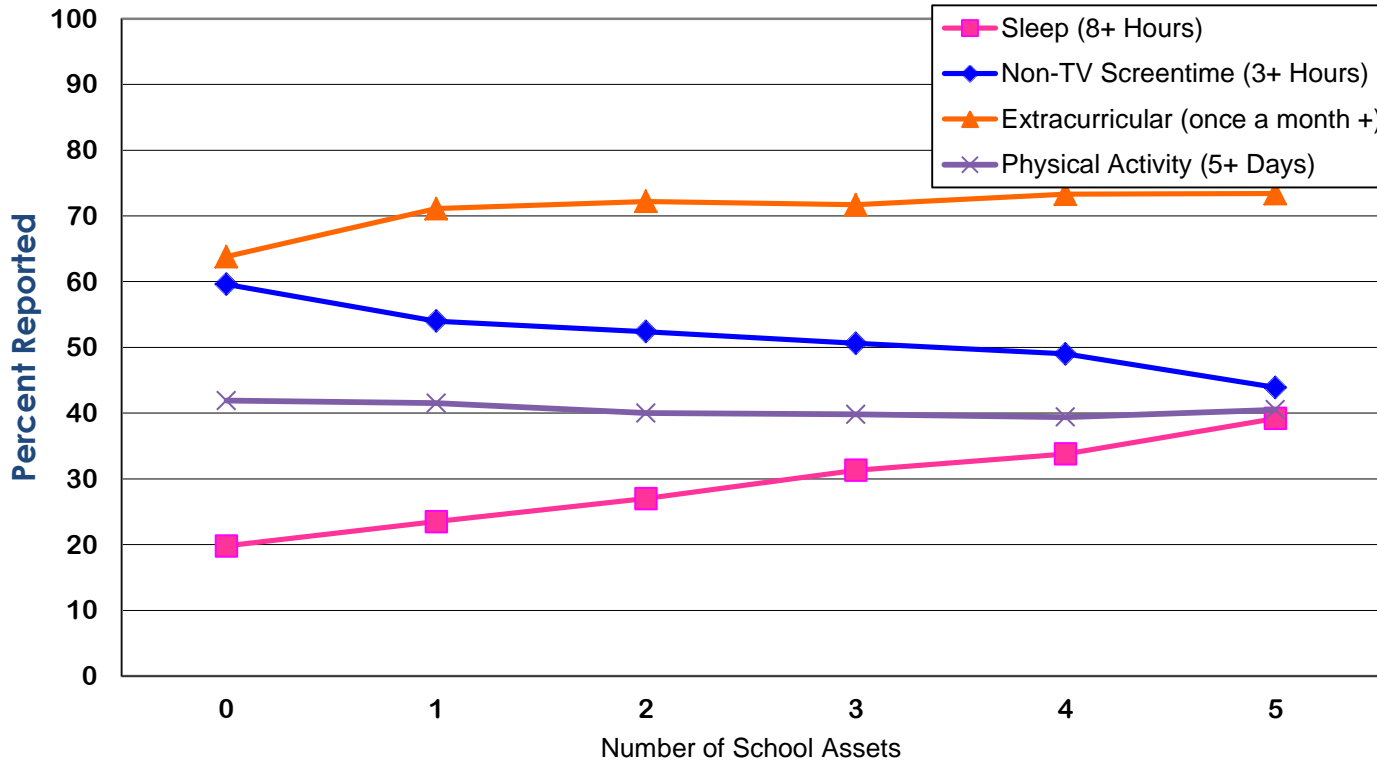
Fairfax County Youth Survey 2017





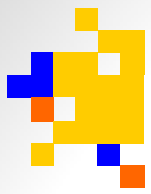
School Assets (*District-Level*)

Physical Health



Teacher Notices Good Job
 Teachers Available One-on-One
 Feel Safe at School

Schools Communicate with Good News
 Teacher Praises Job Well Done



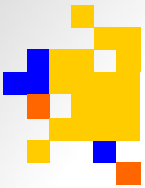
Sexual Wellness

Comparisons for
Grades 8, 10, & 12



Fairfax County Youth Survey 2017

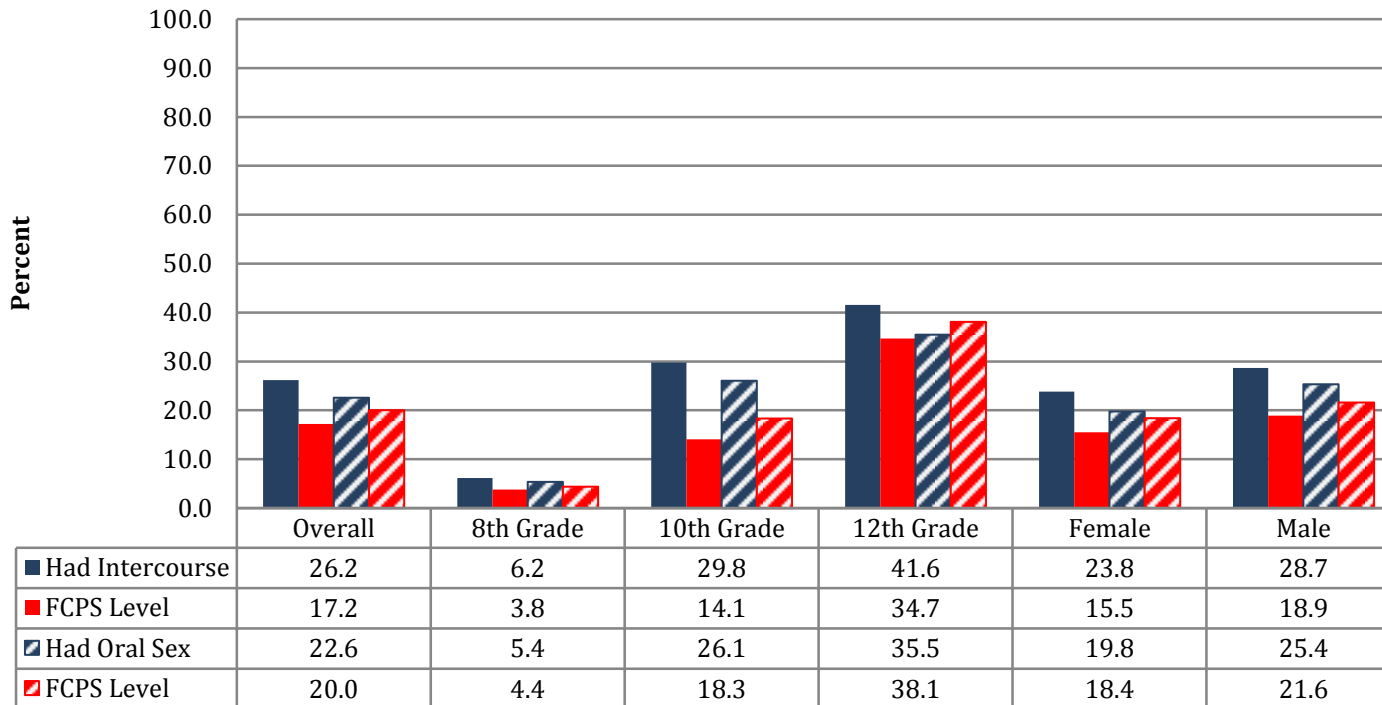


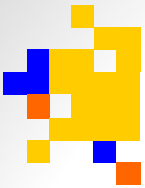


Sexual Intercourse and Oral Sex

Percent who reported ever having sexual intercourse or oral sex

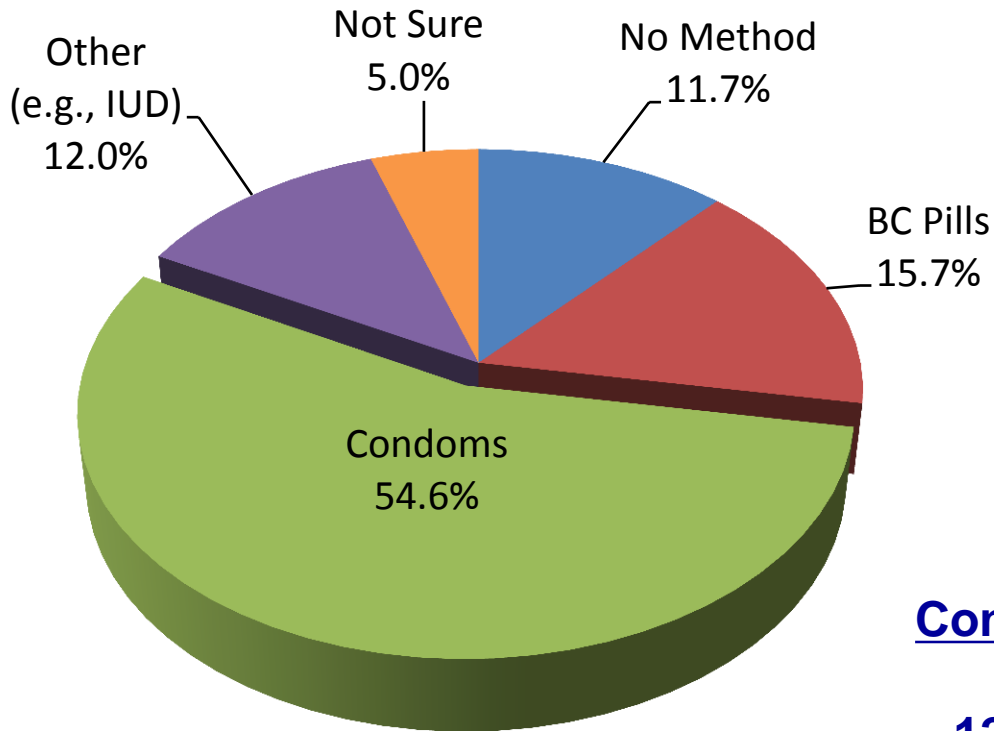
Mount Vernon Pyramid 2017





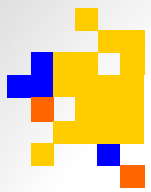
Contraceptives

Type of contraception last used by sexually-active students (*District-level*)



Contraceptive Use

12th Grade 86.2%
10th Grade 80.7%
8th Grade 68.9%



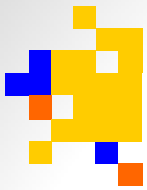
Mental Wellness

Comparison for
Grades 8, 10, & 12



Fairfax County Youth Survey 2017

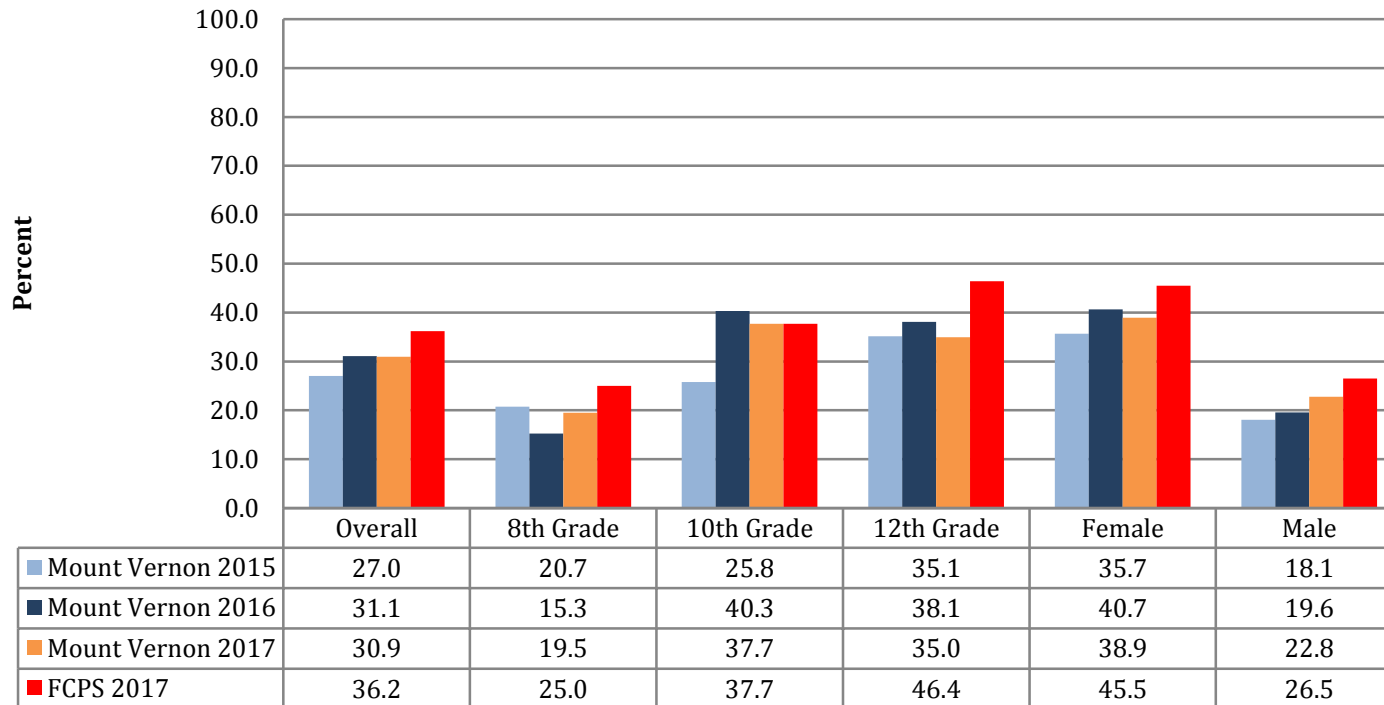




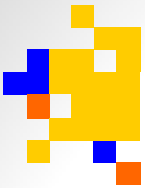
Stress (High-Level)

Percent who reported high levels of stress during the past 30 days

Mount Vernon Pyramid 3-Year Comparison



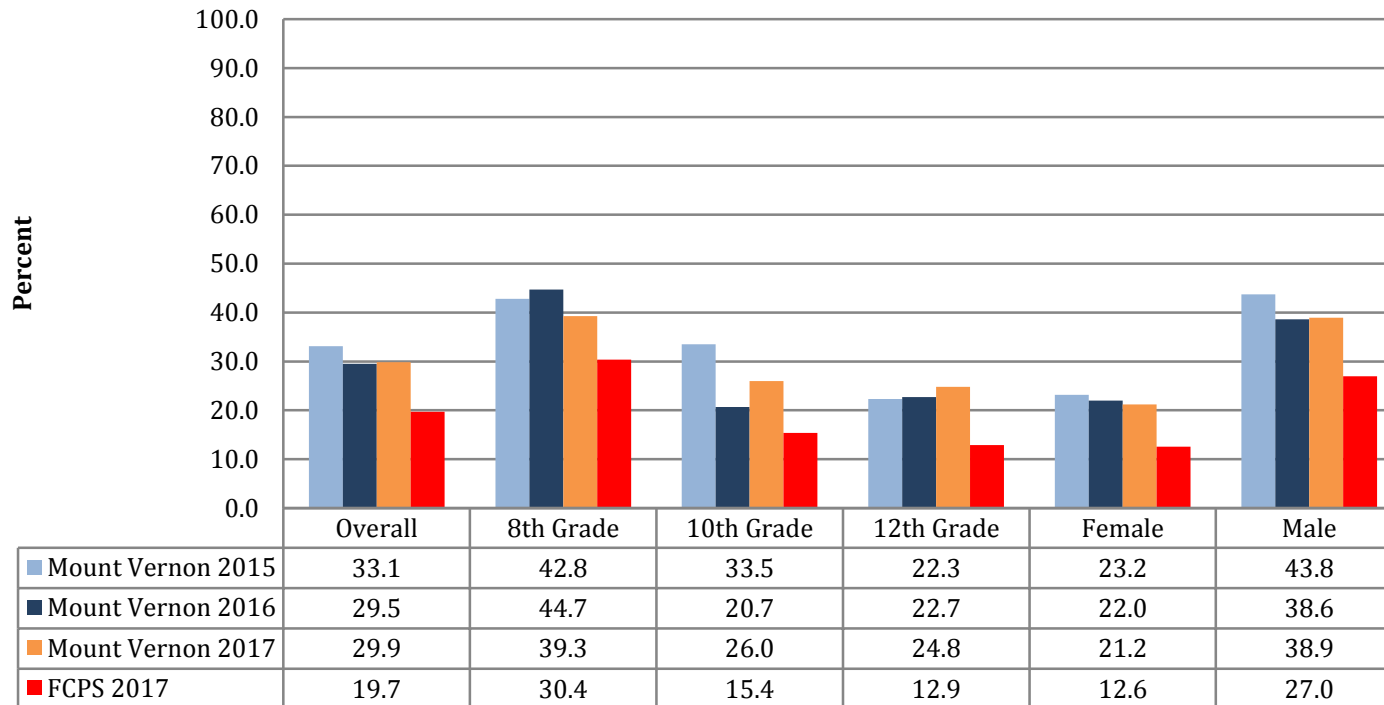
Note: Overall 6th Grade, Mount Vernon Pyramid (2017): 14.5% (High Stress)



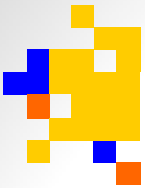
Stress (Low-Level)

Percent who reported low levels of stress during the past 30 days

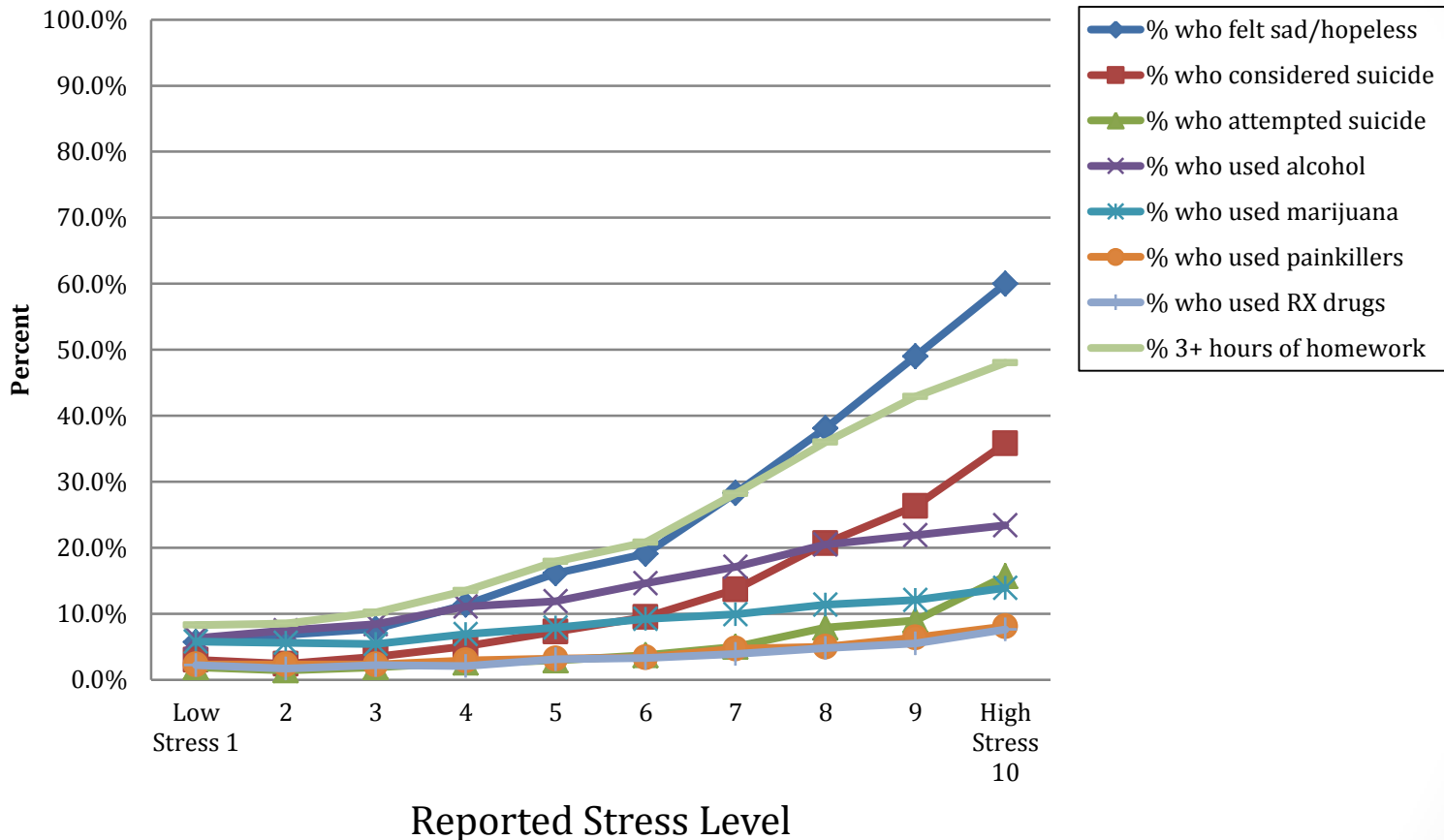
Mount Vernon Pyramid 3-Year Comparison

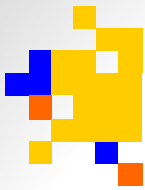


Note: Overall 6th Grade, Mount Vernon Pyramid (2017): 35.3% (Low Stress)



Correlations between Stress Level and Other Factors (District-Level)

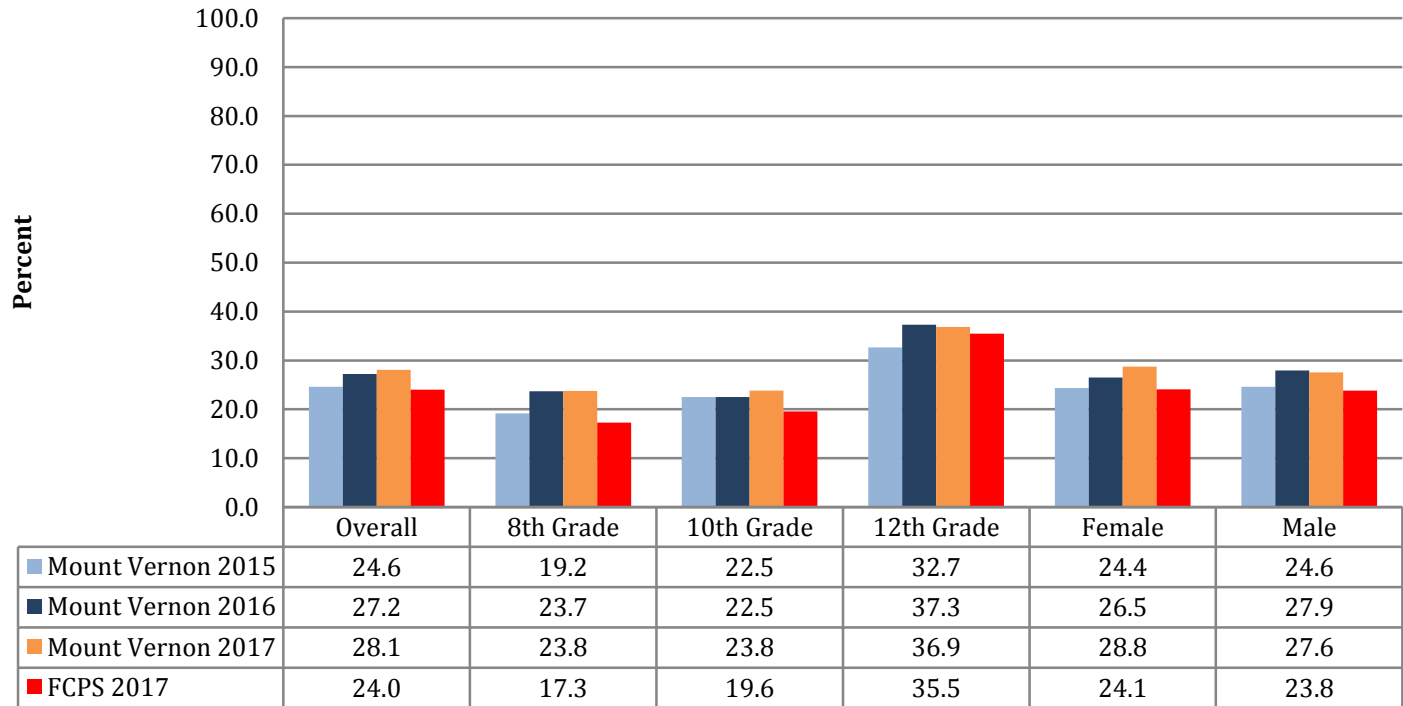


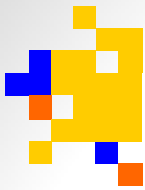


Attendance

Percent who reported skipping school (all day) during the last 4 weeks

Mount Vernon Pyramid 3-Year Comparison

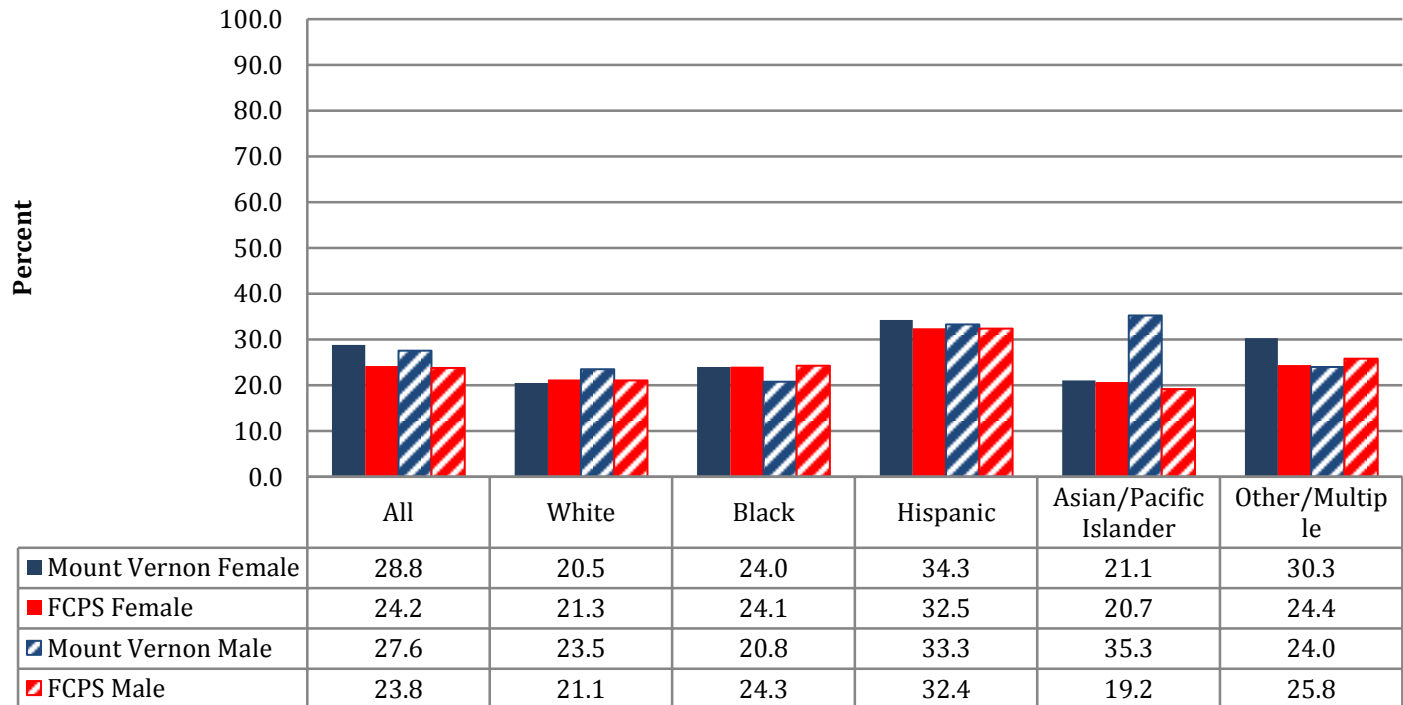


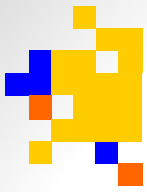


Attendance by Ethnicity/Race

Percent who reported skipping school (all day) during the last 4 weeks

Mount Vernon Pyramid 2017

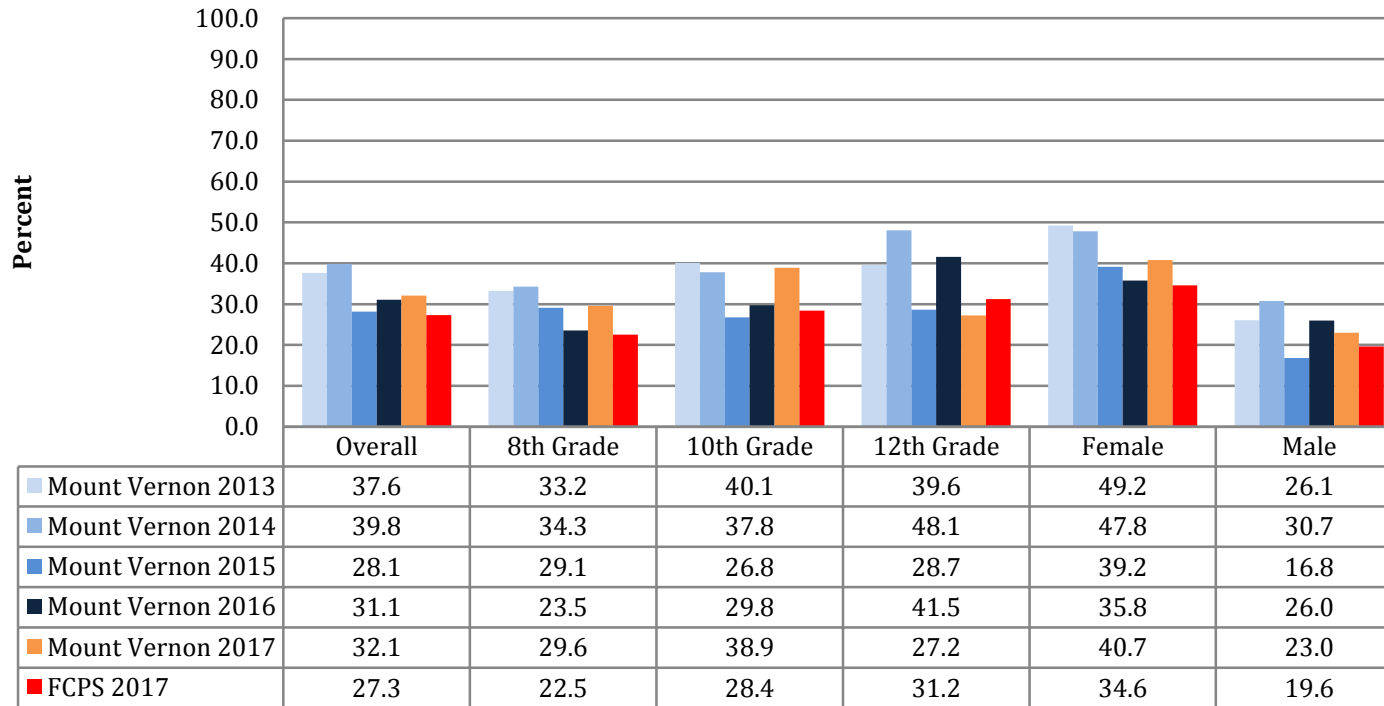




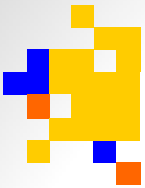
Sadness and Hopelessness

Percent reporting they had stopped doing usual activities due to feeling sad or hopeless almost every day for 2+ weeks in a row during the past year

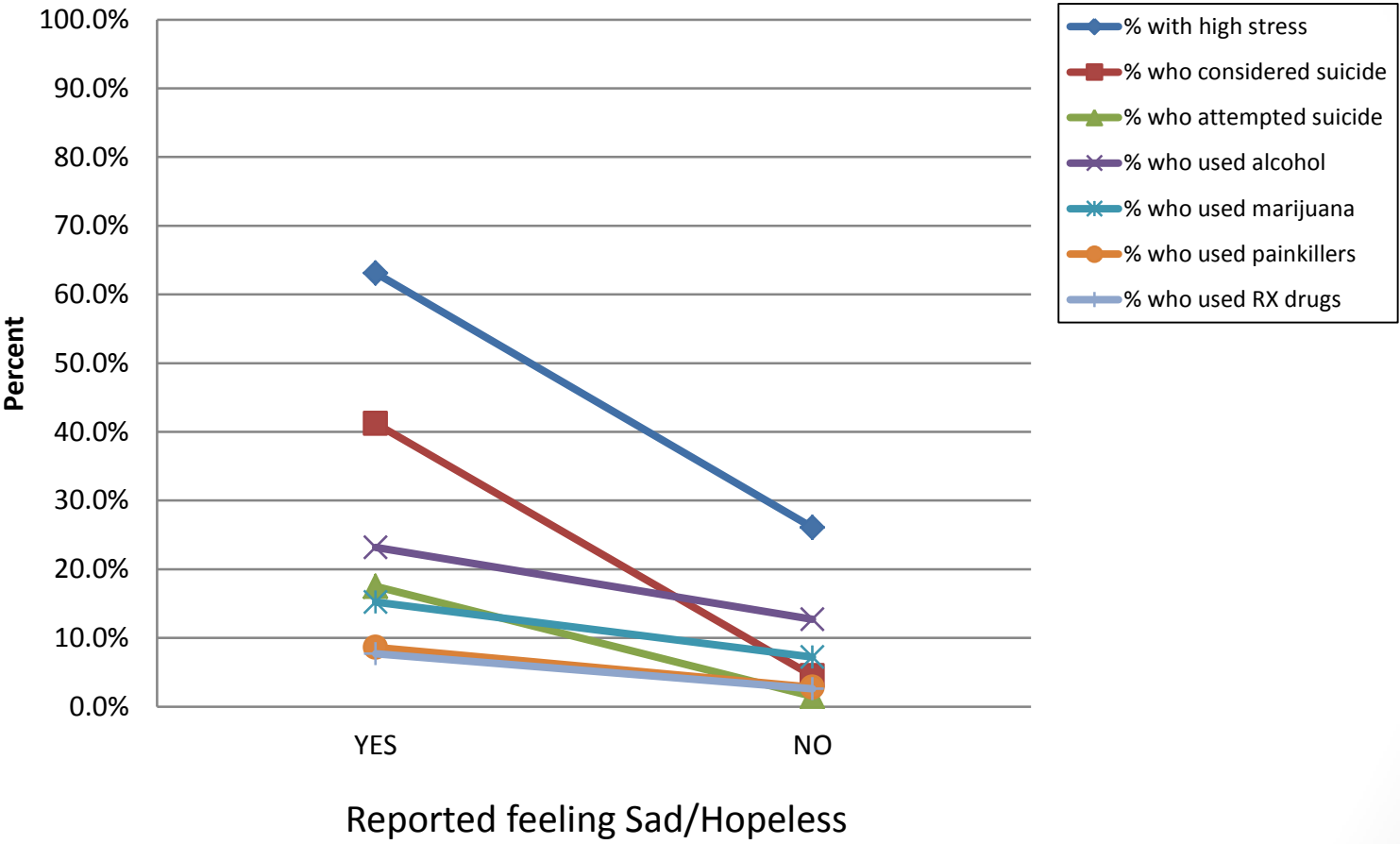
Mount Vernon Pyramid 5-Year Comparison

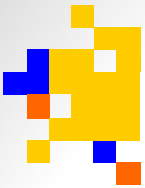


Note: Overall 6th Grade, Mount Vernon Pyramid (2017): 28.3%



Correlations between Sadness/Hopelessness and Other Factors (*District-Level*)

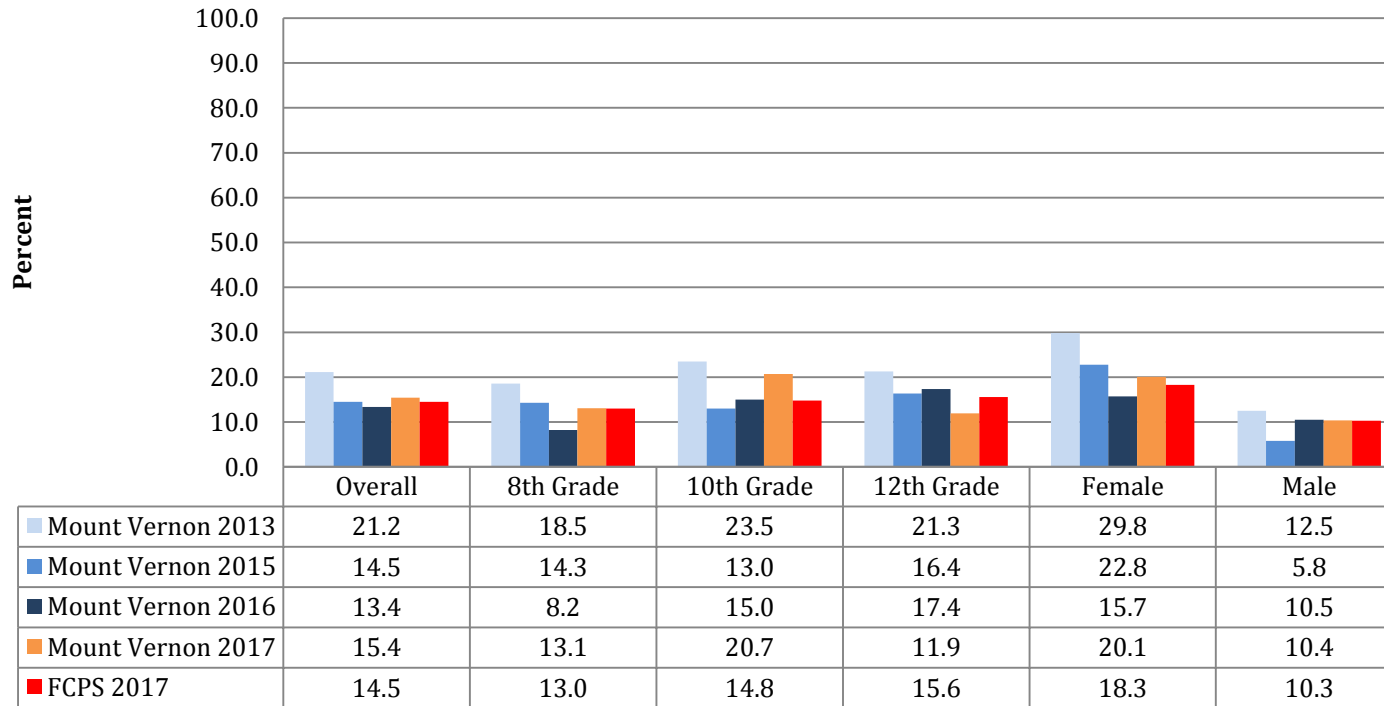




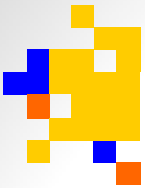
Suicide

Percent who reported seriously considering suicide during the past year

Mount Vernon Pyramid 5-Year* Comparison



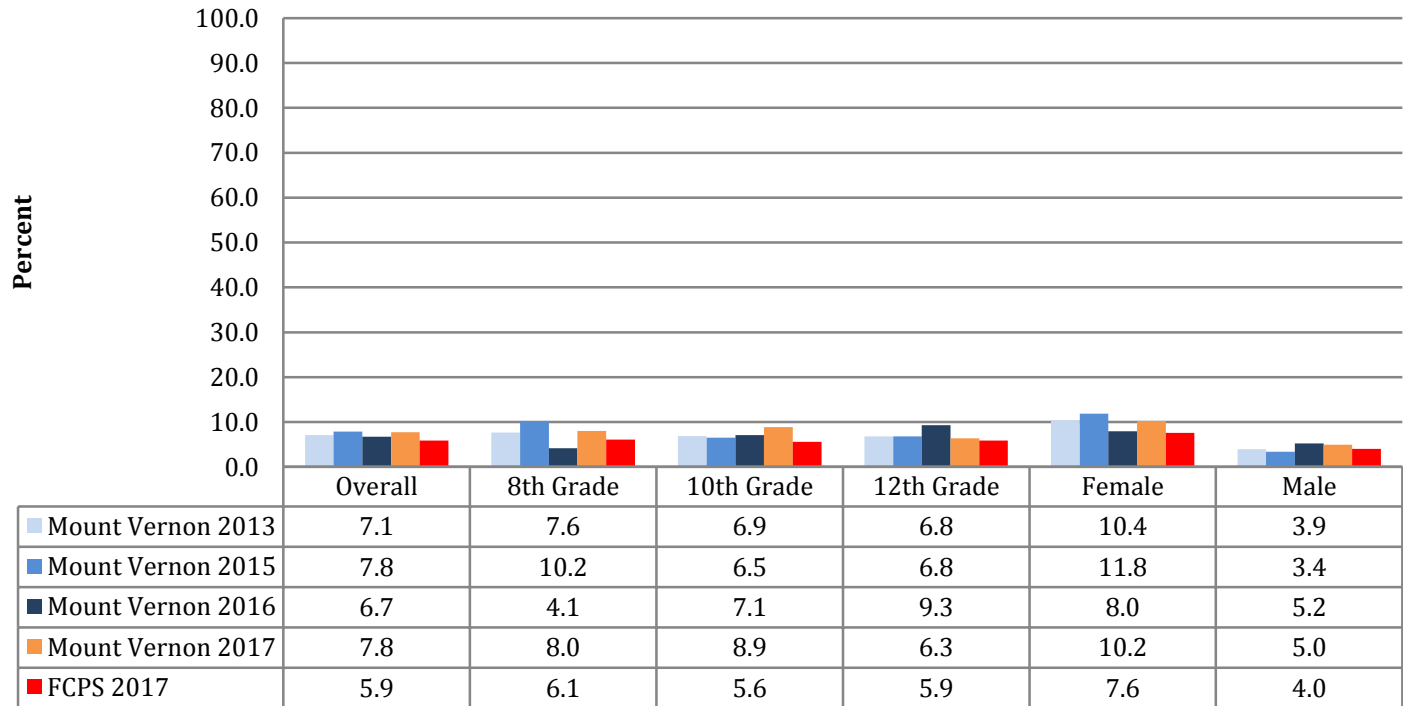
*2014 Not Available



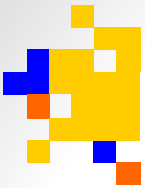
Suicide

Percent who reported actually attempting suicide during the past year

Mount Vernon Pyramid 5-Year* Comparison

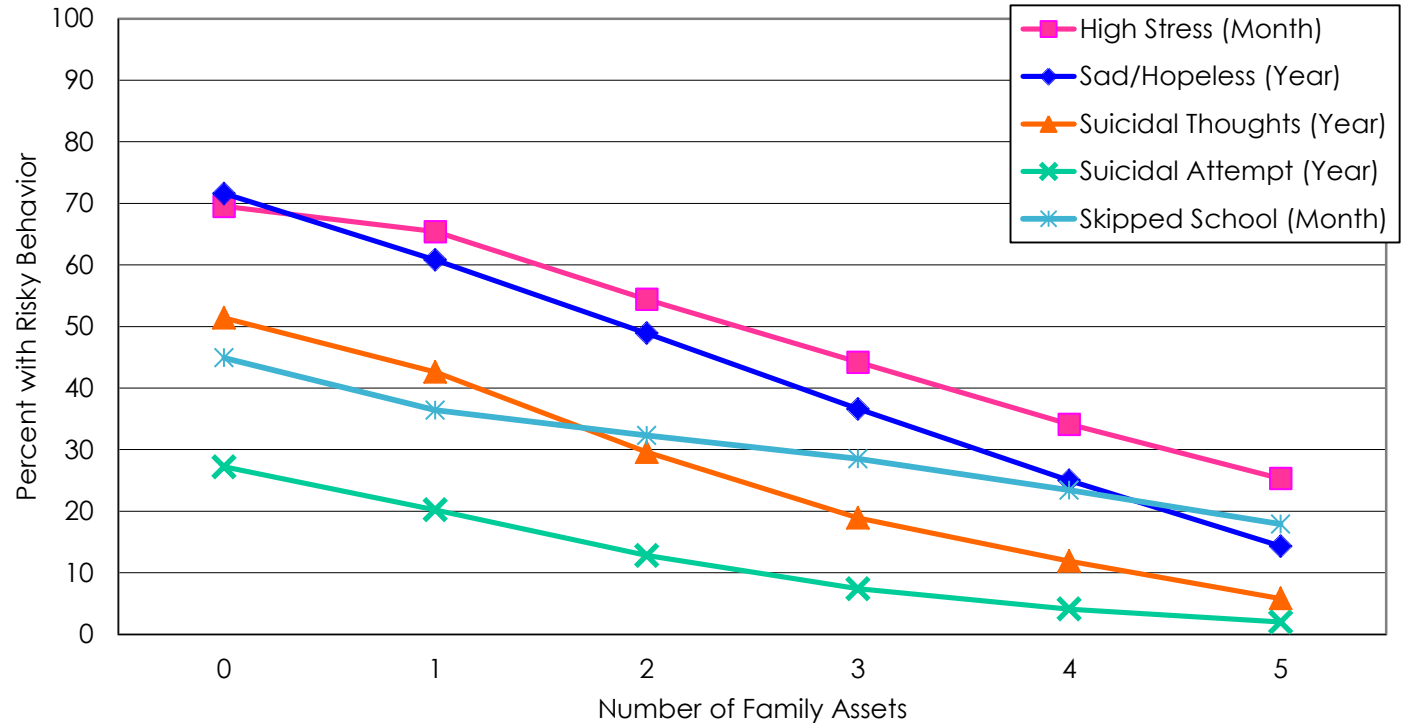


*2014 Not Available



Family Assets (*District-Level*)

Mental Health



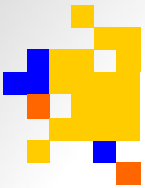
Having Parents Available for Help
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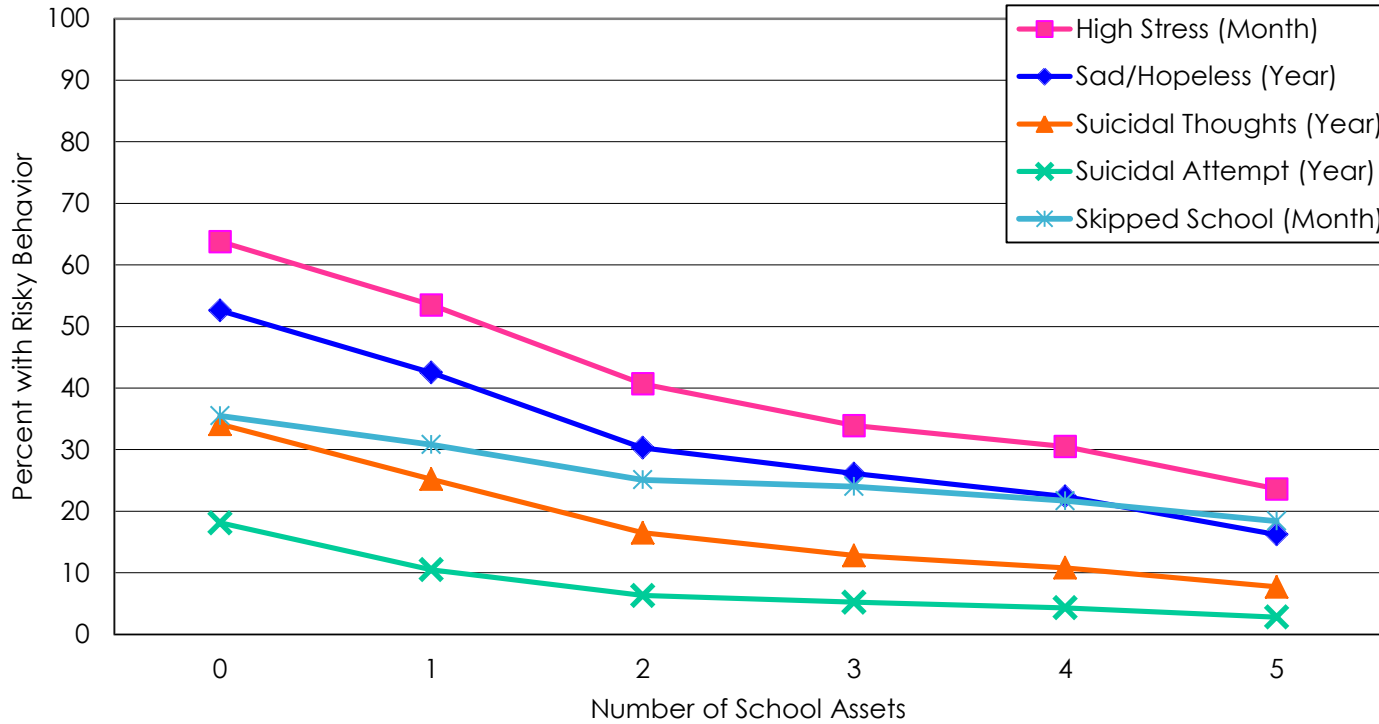
Fairfax County Youth Survey 2017





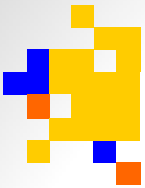
School Assets (*District-Level*)

Mental Health



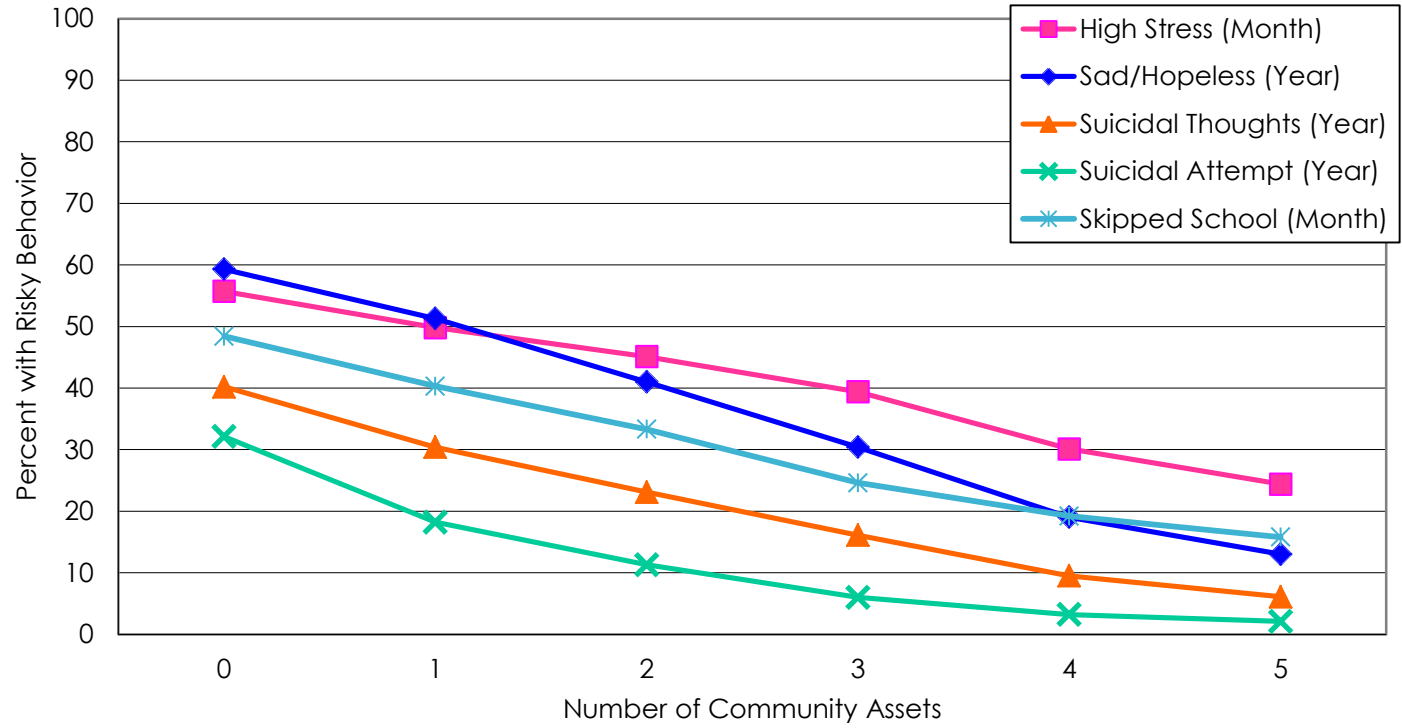
Teacher Notices Good Job
Teachers Available One-on-One
Feel Safe at School

Schools Communicate with Good News
Teacher Praises Job Well Done



Community Assets (*District-Level*)

Mental Health



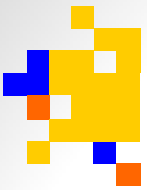
Extracurricular Activities Available
Adults are Available to Talk to
Neighbors Acknowledge Good Work

Community Disapproves of Marijuana Use
Students Feel Safe in their Neighborhoods



Fairfax County Youth Survey 2017

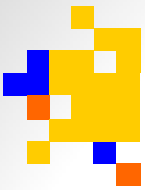




It Takes a Village

Everyone, whether you are a parent, school staff member, or community member, plays a role in fostering resilience in our youth.

- Parents: Be available to help, involve your children in family decision making, model respect and healthy coping skills.
- School Staff: Praise student effort, communicate positive news with parents, be available to meet students one-on-one, cultivate feelings of respect and safety by preventing and stopping bullying and harassment.
- Neighbors and community leaders: Be a caring adult and available to talk, encourage participation in after school and community activities, lead volunteer activities.
- All: Communicate that caring for mental health and physical health are equally important; engage youth in discussions about protective factors and ways to develop healthy coping skills, increase your knowledge and utilization of County and school-based resources.



Websites To Learn More

FAIRFAX COUNTY YOUTH SURVEY

www.fairfaxcounty.gov/youthsurvey

MENTAL HEALTH AND RESILIENCE

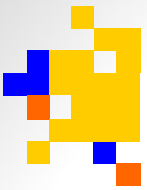
<https://www.fcps.edu/resources/student-safety-and-wellness/mental-health-and-resiliency>

ATTENDANCE MATTERS

www.fcps.edu/attendance

HEALTHY MINDS BLOG

www.fcps.edu/blog/welcome-healthy-minds



Questions? Contact Us !

For information regarding the Fairfax County Youth Survey, please contact:

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Mental Wellness Specialist, School Psychology Services
Department of Special Services
Intervention and Prevention Services
Fairfax County Public Schools



Fairfax County Youth Survey 2017

